

KEEPING SENIORS AT HOME, WHERE THEY WANT TO BE

Through one of the most
successful ways.

One meal at a time in
the following communities:

Adell

Cascade

Cedar Grove

Hingham

Oostburg

Random Lake

Waldo

Batavia, Beechwood

Townships of Holland,

Sherman, Scott,

Mitchell, Lyndon, and

Lima

Sheboygan County

Senior Dining Program

Lunch.

Feed your curiosity™

Senior Dining Program

Serving Sheboygan

County Seniors

in their homes

Phone: 920-994-9934

Fax: 920-994-9934

E-mail: mary.kempf@sheboygancounty.com

Adell Senior Center

510 Seifert Street

Adell, WI 53001



Sheboygan County

Sheboygan County Home-Delivered Meals



920-994-9934

NUTRITIOUS MEALS

Studies have shown that eating healthy can increase mental acuity, resistance to illness and disease, energy levels, immune system strength, recuperation speed and the ability to manage chronic health problems.

Receiving home-delivered meal ensures that seniors have access to adequate nutrition even when family support, mobility and resources are lacking. Our meals are:

- Delivered between 11:00 am to 12:30 pm
- Specialized diet are available when recommended by your doctor
- Short or long term service available
- Each meal is equal to 1/3 of Recommended Dietary Requirements (RDA)

What Is The Cost?

Seniors, age 60 and older, who are home-bound and at nutritional risk are eligible to participate in the program on a contribution-only basis.

The suggested contribution is \$4.00 per meal, but no one is denied a meal if he or she is unable to contribute. Contributions from seniors help the program to serve more meals to other home-bound seniors.



What Are The Benefits?

According to the most recent survey of the Sheboygan County Home Delivered Meal Program, our participants responded that:

- 60% of our participants felt that receiving our home-delivered meals gave them someone to talk to, a sense of security and safety, and a link to more support, if needed
- 70% felt that they had a healthier diet because of their home-delivered meals
- 90% reported that their meals were delivered hot and felt the meals were good or better
- And, 90% of our participants reported that their home-delivered meals made up half or more of their daily food intake



Other Benefits Available Include:

As part of the Aging and Disability Resource Center of Sheboygan County, the Senior Dining Program can help connect you with assistance with the following:

- SeniorCare Drug Coverage
- Medicare Part D and other Medicare Issues
- Energy Assistance
- Weatherization
- FoodShare
- Medical Transportation
- Reassurance Calls
- How to Protect Yourself from Scams
- Health Care Power of Attorney
- Alzheimer's and Other Dementia Care Programs
- Caregiver Information and Programs
- Information regarding In-home Care
- Information regarding Assisted Living Care
- Information and access to Long Term Care Funding Programs, and more.



...know us before you need us