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**EMERGENCY, FIRE, POLICE,**

**RESCUE/AMBULANCE**

**Call 911**

**OTHER IMPORTANT NUMBERS**

**Local Police:**

\_\_\_\_\_

**Local Fire:**

\_\_\_\_\_

**Local Ambulance:**

\_\_\_\_\_

**Doctor:**

\_\_\_\_\_

**Clinic:**

\_\_\_\_\_

**Hospital:**

\_\_\_\_\_

**Minister/Church:**

\_\_\_\_\_

**The Aging & Disability Resource Center  
of  
Sheboygan County Health and Human Services**

**Thomas Eggebrecht, Director**

**Marie Seger, Aging & Disability Resource Center Supervisor**

**MISSION STATEMENT**

The Mission of the Aging and Disability Resource Center (ADRC) of Sheboygan County is to empower and support seniors, people with disabilities, and their families to ask for help, find a way to live with dignity and security, and achieve maximum independence and quality of life.

## Aging & Disability Resource Center

Aging & Disability Resource Centers shall serve all of the following groups of individuals, including people who inquire about or request assistance on behalf of members of these groups, regardless of their financial means:

- Elderly (aged 60 and older)
- Adults with developmental disabilities
- Adults with physical disabilities
- Adults with mental illness and/or substance use disorders
- Adult is 18 years of age and older.

The core services provided by an Aging & Disability Resource Center include:

- **Information and Assistance:** The Resource Center maintains a resource file of services and programs available to adults over age 60 and adults with disabilities in Sheboygan County. Individuals may call or stop in Monday through Friday from 8:00 a.m. to 5:00 p.m. to receive assistance.
- **Long Term Care Options Counseling:** The Resource Center has professionals who can provide confidential assistance with or information about care needs and options available. The consultation is available at no charge and will review both public and private options.
- **Benefits Counseling:** The Resource Center has Benefit Specialists who share information about programs available to seniors and individuals with disabilities. The Elderly Benefit Specialist (EBS) provides information and assistance to seniors age 60 and over and the Disability Benefit Specialist (DBS) provides information and assistance to adults age 18 through 59. Some examples include Medicare, Medicare Part D, Medicare Savings Plans, Medicaid, the Medicaid Purchase Plan (MAPP), and Homestead Tax Credit. Benefit Specialists may assist with appealing denials for Social Security and Medical Assistance benefits. Seniors age 65 may also receive assistance to apply for Senior Care.

## Aging & Disability Resource Center - continued

- **Transitional Services:** The Resource Center shall invite referrals and coordinate with existing support systems to assist young adults with disabilities to transition to the adult long-term care system. The Resource Center shall share information about services available with school districts and other children's long-term support systems.
- **Prevention and Early Intervention Services:** The Resource Center shall collaborate with other community resources to promote efforts to keep individuals healthy and independent. This includes providing information, support, and assistance to family and other informal caregivers to delay or prevent the need for comprehensive long-term care services.
- **Access to Publicly Funded Long-Term Care Programs and Services:** The Resource Center shall assure that individuals who make contact or are referred are informed about and screened for eligibility for Long-Term Care Funding for services. The Aging & Disability Resource Center shall have a written procedure for ensuring an efficient and timely access to public long-term benefits.
- **Other Services:** Adult Protective Services staff located at the Aging & Disability Resource Center are available to address concerns of abuse and self-neglect of elders and vulnerable adults. Concerns and referrals may be made by contacting the Aging & Disability Resource Center staff. Calls are kept confidential, and Adult Protective Services staff investigate the situation and provide follow up as required.

Information about other elder services, such as volunteer transportation, chore service, reassurance calls, peer friends, dining sites, nutrition, and recreation may be obtained by contacting the Aging & Disability Resource Center.

## Adult Day Care Services

Adult Day Care Centers provide supervised and structured programming that includes a variety of health, social, and support services in a protective setting during daytime hours. This is a community-based service model designed to meet the individual needs of people with functional impairments and/or Alzheimer's or other dementias.

### Questions to Ask...

- What days and hours is the center in operation?  
Is transportation provided?
- What is the cost?
- What medical conditions/disabilities are accepted?
- Are there a variety of activities and choice of individual and group participation?
- Is the menu balanced and are there choices?
- Can trial visits be arranged?
- Are visits allowed at any time?

### Day Care for Seniors

**Project Independence and In-Home Care**  
(Part of TLC Homes)  
708 Erie Avenue  
Sheboygan, WI 53081

Phone: 1-920-694-1162  
Website: [www.projectindependence.com](http://www.projectindependence.com)  
Email: [info@projectindependence.com](mailto:info@projectindependence.com)

**The Gathering Place**  
730 County Trunk PPP  
Sheboygan Falls, WI 53085

Phone: 1-920-627-6847  
Website: [www.memorymattersmost.com](http://www.memorymattersmost.com)

## Adult Day Care Services

### Adult Day Services for People with Disabilities

<b>Camp Evergreen</b> 2776 N 31 <sup>st</sup> Place Sheboygan, WI 53083	Phone: 1-920-452-4221 Website: <a href="http://www.campevergreensheboygan.org">www.campevergreensheboygan.org</a>
<b>Newer Beginnings Adult Day Center</b> N7778 Rangeline Road Sheboygan, WI 53083	Phone: 1-920-208-1600 Website: <a href="http://www.newerbeginnings.org">www.newerbeginnings.org</a>
<b>Paragon Community Services</b> N5653 Frontage Road Plymouth, WI 53073	Phone: 1-920-892-7060 Website: <a href="http://www.paragoncommunity.com">www.paragoncommunity.com</a>
<b>Pathways Unlimited</b> <i>(Part of TLC Homes)</i> 708 Erie Avenue Sheboygan, WI 53081	Phone: 1-920-694-1161 Website: <a href="http://www.tlchomes.net">www.tlchomes.net</a>
<b>Rainbow Club</b> 200 Park Street Belgium, WI 53004	Phone: 1-920-946-1871
<b>RCS Empowers, Inc.</b> 1607 Geele Avenue Sheboygan, WI 53083	Phone: 1-920-458-8261 Website: <a href="http://www.rcsempowers.com">www.rcsempowers.com</a> Email: <a href="mailto:servicecoordinator@rcsempowers.com">servicecoordinator@rcsempowers.com</a>

## Advanced Directive

An Advanced Directive is a legal document that allows individuals to put in writing their wishes about their health care in case they are no longer able to communicate their wishes in the future. A Living Will/Declaration to Physicians and a Durable Power of Attorney for Health Care are both Advanced Directives. To find the Advanced Directive that is suitable for you or your loved one, contact your family physician, local hospital, or your family attorney, or obtain copies of forms online at [www.dhfs.state.wi.us](http://www.dhfs.state.wi.us). A copy of the completed Advanced Directive form should be kept with the physician and the hospital of choice.

### **Living Will/Declaration to Physicians:**

The Living Will/Declaration to Physicians is an Advanced Directive. The Living Will allows the individual to state his/her wishes regarding health care in the event of a terminal illness and/or the end of life or a persistent vegetative state. The decisions the individual makes will be carried out as stated in the living will regardless of whether any other family member has a different wish.

### **Durable Power of Attorney for Health Care:**

The Power of Attorney for Health Care form is an Advanced Directive. It allows the individual to appoint another person(s) to make health care decisions if he/she becomes unable to make these decisions. The person(s) appointed is the Health Care Agent. It is important to discuss end-of-life wishes with the Health Care Agent so that they are able to carry out wishes. This document gives the Health Care Agent authority to make decisions **only when activated (when the individual has been determined incapable to make health care decisions by two physicians)**. It does not give your Health Care Agent any other authority for your financial or other business decisions.

### **Pre-Hospital Do Not Resuscitate Bracelet:**

This is a **Do Not Resuscitate (DNR)** order issued by a physician to direct emergency medical technicians, first responders, and emergency health care facilities not to attempt cardiopulmonary resuscitation (CPR) on a person for whom the order is issued if that person suffers cardiac or respiratory arrest.



## Benefit Specialists

The Aging & Disability Resource Center has two Benefits Specialists to assist Sheboygan County seniors and people with disabilities.

<b>Benefit Specialists</b>	
<p><b>Aging &amp; Disability Resource Center of Sheboygan County</b> 650 Forest Avenue Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-4100 or 1-800-596-1919 Website: <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a></p>

<b>Work Incentive Benefit Specialists</b>	
<p><b>Employment Resources, Inc. (ERI)</b> 2701 International Lane, Suite 210 Madison, WI 53704-3126 <i>(Work Incentive Benefits Specialist: explanation of the effect of employment on Social Security and Medicaid benefits)</i></p>	<p>Phone: 1-855-401-8549 Website: <a href="http://www.eri-wi.org">www.eri-wi.org</a></p>
<p><b>Options for Independent Living, Inc.</b> 555 Country Club Road Green Bay, WI 54307 <i>(Work Incentive Benefits Specialist: explanation of the effect of employment on Social Security and Medicaid benefits)</i></p>	<p>Phone: 1-920-490-0500 Toll Free: 1-888-465-1515 TTY: 1-920-490-0600 Website: <a href="http://www.optionsil.com">www.optionsil.com</a></p>
<p><b>RCS Empowers, Inc.</b> 1607 Geele Avenue Sheboygan, WI 53083 <i>(Work Incentive Benefits Specialist: explanation of the effect of employment on Social Security and Medicaid benefits)</i></p>	<p>Phone: 1-920-458-8261 Website: <a href="http://www.rcsempowers.com">www.rcsempowers.com</a> Email: <a href="mailto:servicecoordinator@rcsempowers.com">servicecoordinator@rcsempowers.com</a></p>

## Employment Assistance for Seniors and Adults with Disabilities

For those individuals who are interested in obtaining employment and need some assistance in finding opportunities or support on the job, contact the agencies listed below.

<b>Employment Assistance for Seniors and Adults with Disabilities</b>	
<p><b>Denning Supported Employment</b> 4111 North 30th Street Sheboygan, WI 53083</p>	<p>Phone: 1-920-457-1406 Email: <a href="mailto:denningemployment@att.net">denningemployment@att.net</a></p>
<p><b>Foundations of Community Living</b> 514 North 8<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-395-8005 Email: <a href="mailto:nathan.taylor@foundationswi.com">nathan.taylor@foundationswi.com</a> Website: <a href="http://www.foundationswi.com">www.foundationswi.com</a></p>
<p><b>Foster Grandparent/Seniors in Schools Program</b> 504 S. 14<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-783-0003 Email: <a href="mailto:bhorneck@sheboygan.k12.wi.us">bhorneck@sheboygan.k12.wi.us</a></p>
<p><b>Great Lakes Training &amp; Development Corporation</b> 3620 Wilgus Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-208-5820 Website: <a href="http://www.sheboyganjobcenter.com">www.sheboyganjobcenter.com</a></p>
<p><b>N.E.W. Curative Rehabilitation Inc. Senior Service Program</b> 2900 Curry Lane PO Box 8027 Green Bay, WI 54308</p>	<p>Phone: 1-920-593-3557 Website: <a href="http://www.newcurative.org">www.newcurative.org</a></p>
<p><b>Paragon Community Services, LLC.</b> N5653 Frontage Road Plymouth, WI 53073 <i>(Employment services for individuals 14 and older with a disability who is working with the DVR)</i></p>	<p>Phone: 1-262-443-4311 Website: <a href="http://www.paragoncommunity.com">www.paragoncommunity.com</a> Email: <a href="mailto:David.Koenig@paragoncommunity.com">David.Koenig@paragoncommunity.com</a></p>

**Employment Assistance for Seniors and Adults with Disabilities - continued**

<p><b>RCS Empowers, Inc.</b> 1607 Geele Avenue Sheboygan, WI 53083 <i>(Employment services for adults with a disability)</i></p>	<p>Phone: 1-920-458-8261 Website: <a href="http://www.rcsempowers.com">www.rcsempowers.com</a> Email: <a href="mailto:employmentservices@rcsempowers.com">employmentservices@rcsempowers.com</a></p>
<p><b>State of Wisconsin - Division of Vocational Rehabilitation</b> 3620 Wilgus Avenue Sheboygan, WI 53081 <i>(Department of Workforce Development)</i></p>	<p>Phone: 1-920-208-5855 Toll Free: 1-800-228-2637 Website: <a href="http://www.dwd.wisconsin.gov/dvr/">www.dwd.wisconsin.gov/dvr/</a></p>

**Employment Assistance for Veterans**

<p><b>Department of Workforce Development</b> Office of Veterans Services 3620 Wilgus Avenue Sheboygan, WI 53081 <i>(employment and training for veterans)</i></p>	<p>Phone: 1-920-459-3101 Contact: Christopher Colman Email: <a href="mailto:christopher.colman@dwd.wisconsin.gov">christopher.colman@dwd.wisconsin.gov</a></p> <p>Phone: 1-920-948-4604 Contact: Sandie Gau Email: <a href="mailto:sandra.gau@dwd.wisconsin.gov">sandra.gau@dwd.wisconsin.gov</a></p>
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## Financial Assistance

The following agencies can be contacted if there are questions or help is needed with financial information or assistance.

<b>Organizations Providing Financial Assistance</b>	
<p><b>Aging &amp; Disability Resource Center of Sheboygan County</b>                      650 Forest Avenue                      Sheboygan Falls, WI 53085 (Programs: Long-Term Care Services Funding, Senior Care – Prescription Drug Plan for Seniors, Homestead Tax Credit, Medicare Savings Plans)</p>	<p>Phone: 1-920-467-4100                      Toll Free: 1-800-596-1919                      Website : <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a></p>
<p><b>Advocacy Programs</b>  <i>(Guardianship &amp; Representative Payee)</i>                      1930 North 8<sup>th</sup> Street                      Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-8840</p>
<p><b>Capital Consortium</b>                      3620 Wilgus Avenue                      Sheboygan, WI 53081  <i>(Apply for benefits: FoodShare, Medical Assistance, Medicare Premium Assistance)</i>  <i>(Maintain benefits: report changes or get information about your benefits)</i></p>	<p>Phone: 1-888-794-5556                      Monday through Friday                      8:00 am to 4:00 pm                      Website: <a href="http://www.access.wisconsin.gov">www.access.wisconsin.gov</a></p> <p><i>(Used to be East Central Income Maintenance Partnership – D/C)</i></p>
<p><b>City Development</b>  <i>(Home repair grants and low interest loans)</i>  <b>City Hall</b>                      828 Center Avenue, Suite 104                      Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-3377                      Contact: Janet Duellman                      Website: <a href="http://www.sheboyganwi.gov">www.sheboyganwi.gov</a></p>
<p><b>Consumer Credit Counseling of Family Services Association</b>                      1930 North 8<sup>th</sup> Street                      Sheboygan, WI 53081  <i>(Financial Counseling)</i></p>	<p>Phone: 1-920-458-3784                      Website: <a href="http://www.cccsonline.org">www.cccsonline.org</a>                      Email: <a href="mailto:info@cccsonline.org">info@cccsonline.org</a></p>

## Financial Assistance

### Organizations Providing Financial Assistance-continued

<p><b>Energy Assistance Economic Support</b> 3620 Wilgus Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-208-5946 Call to schedule an appointment October 1 – May 15 each year</p>
<p><b>Habitat for Humanity Lakeside (A Brush with Kindness-ABWK)</b> 1911 North 8<sup>th</sup> Street Sheboygan, WI 53081 <i>(ramps and small home improvements)</i> Mailing Address: P.O. Box 973 Sheboygan, WI 53082</p>	<p>Phone: 1-920-458-3399 Website: <a href="http://www.habitatlakeside.com">www.habitatlakeside.com</a></p>
<p><b>Lakeshore CAP (Community Action Program)</b> 2508 South 8<sup>th</sup> Street Sheboygan, WI 53081 <i>(Emergency rental assistance for qualified individuals and case management and supportive services to homeless individuals)</i></p>	<p>Phone: 1-920-803-6991 Website: <a href="http://www.lakeshorecap.org">www.lakeshorecap.org</a></p>
<p><b>LSS Financial Counseling</b> <i>(Debt Counseling and online service)</i></p>	<p>Phone: 1-888-577-2227 Website: <a href="http://www.lssmn.org/debt">www.lssmn.org/debt</a></p>
<p><b>Military Family Assistance Center</b> 625 Sunset Drive Plymouth, WI 53073-1099 <i>(Information, resources, referrals, outreach, and crisis assistance for all military branches and their families)</i></p>	<p>Phone: 1-608-242-3864 Toll Free: 1-800-292-9464 option 3 Website: <a href="http://www.wisconsinmilitary.org">www.wisconsinmilitary.org</a></p>

## Financial Assistance

### Organizations Providing Financial Assistance-continued

<p><b>Partners for Community Development</b>  <i>(Home Buyers, Home Rehab &amp; Weatherization)</i>          1407 South 13<sup>th</sup> Street          Sheboygan, WI 53081</p>	<p>Phone: 1- 920-459-2780          Toll Free: 1-800-584-8172          Website: <a href="http://www.partners4cd.com">www.partners4cd.com</a></p>
<p><b>Plymouth Utilities</b>          900 County Road PP          Plymouth, WI 53073</p>	<p>Phone: 1-920-893-1471</p>
<p><b>Rebuilding Together</b>          PO Box 1012          Sheboygan, WI 53082-1012</p>	<p>Phone: 1-920-276-1417          Website: <a href="http://www.rt-sheboygan.org">www.rt-sheboygan.org</a></p>
<p><b>Salvation Army</b>          710 Pennsylvania Avenue          Sheboygan, WI 53081  <i>(Utilities, Clothing, Furniture)</i>          Mailing Address:          PO Box 1207          Sheboygan, WI 53082-1207</p>	<p>Phone: 1-920-458-3723          Website: <a href="http://www.sasheboygan.org">www.sasheboygan.org</a></p>
<p><b>Simplify</b>  <i>(Representative payee Services &amp; Budget Counseling)</i>          529 Ontario Avenue          Sheboygan, WI 53081</p>	<p>Phone: 1-920-234-8686</p>
<p><b>Sheboygan Falls Utilities</b>          375 Buffalo Street          Sheboygan Falls, WI 53085  <i>(energy assistance call Economic Support at 920-208-5946)</i></p>	<p>Phone: 1-920-467-4900 ext. 4</p>
<p><b>Social Security Administration</b>          1137 North 26<sup>th</sup> Street          Sheboygan, WI 53081</p>	<p>Phone : 1-877-635-3549          Toll Free: 1-800-772-1213          Website: <a href="http://www.ssa.gov">www.ssa.gov</a></p>

## Financial Assistance

### Organizations Providing Financial Assistance-continued

<p><b>United States Department of Agriculture &amp; Rural Development</b>  <i>(Home Buyers, Home Repairs – rural)</i>  W6529 Forest Avenue  Fond du Lac, WI 54937</p>	<p>Phone: 1-920-907-2976 ext. 4  Website: <a href="http://www.rd.usda.gov">www.rd.usda.gov</a></p>
<p><b>Veterans Commission</b>  <i>(Assistance with rent, food, gas &amp; utilities for eligible veterans)</i>  <b>Courthouse Annex</b>  615 N 6<sup>th</sup> Street  Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-3053  Walk-ins:  Monday, Wednesday, Thursday 8:00–noon &amp; 1:00–4:00 p.m.  Tuesday 1:00-4:00 p.m.  Friday 8:00-noon</p>
<p><b>Veterans Office</b>  <i>(Veteran’s Benefits)</i>  Contact: Charlene Cobb  Courthouse Annex  615 North 6<sup>th</sup> Street  Sheboygan, WI 53081</p>	<p>Phone: 1- 920-459-3053  Website: <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a>  Walk-ins:  Mon, Wed, Thurs 8:00-Noon &amp; 1:00-4:00, Tues 1:00-4:00 p.m., Friday 8:00-Noon  <i>(all other times by appointment only)</i></p>
<p><b>WE Energies</b>  231 West Michigan Street Milwaukee, WI 53203  <i>(Open 24 hrs/day mid August through September)</i></p>	<p>Phone: 1-800-242-9137 ext 3</p>
<p><b>Wisconsin Public Service</b>  933 South Wildwood  Sheboygan, WI 53081</p>	<p>Phone: 1-800-450-7260</p>
<p><b>Wisconsin Dept of Revenue</b>  <i>(Income Tax, Sales Tax, Withholding Tax, Homestead Tax Credit)</i>  265 West Northland Avenue  Appleton, WI 54911</p>	<p>Phone: 1-920-832-2727</p>

## Funeral Services

Although not always an enjoyable topic, end-of-life issues and plans are important for families to discuss. Having discussed these issues and making plans before the time comes, helps relieve family members of extra burdens during their time of grieving. For a copy of “You’re Not Alone,” the Widow and Widower’s Guide, contact the Aging and Disability Resource Center at 1-920-467-4100, or 1-800-596-1919, or website: [www.sheboygancounty.com](http://www.sheboygancounty.com).

### Types of Funerals

#### **Traditional Funeral**

Visitation, service, entombed or interred remains.

#### **Modified Traditional Funeral:**

Abbreviated aspects of the funeral according to personal family preferences.

#### **Direct Disposition:**

No visitation or funeral services are held with the body present. A memorial service can be held instead.

### **Questions to Ask...**

- How should I decide on what I should do?
- Why is pre-arranging and pre-paying important?
- What is needed to set up a burial trust?
- Will money in the burial trust be counted as an asset



# Home Health Care

## Home Health Agency (Skilled Home Care)

Medical home health agencies provide services that include skilled nursing, physical/speech/occupational therapy, wound care, and IV management. A medical home health agency is licensed and required to meet State of Wisconsin standards. The Medicare and/or Medicaid Programs, or private insurance, may reimburse medical home health agency costs.

### Questions to Ask...

- Does the nurse come at scheduled times?
- Are the services required covered by Medicare or Medicaid?
- Can the agency provide 24-hour coverage?
- What types of service does the agency provide?
- Does the agency conduct a background check on all employees?

Medical Home Health Care	
<b>Aurora at Home</b>	Toll Free: 1-800-862-2201 Website: <a href="http://www.aurorahealthcare.org">www.aurorahealthcare.org</a>
<b>Harmony Personal Home Care, LLC</b> 1701 Washington Street Manitowoc, WI 54220	Phone: 1-920-686-0379 Email: <a href="mailto:harmonyphc@yahoo.com">harmonyphc@yahoo.com</a> <i>(Located on the lower level of office building)</i>
<b>Preceptor Health Care- Easy Living Home Health Care Agency</b> W175 N11117 Stonewood Drive Suite 100 Germantown, WI 53022	Phone: 1-262-293-3951 Website: <a href="http://www.elhhca.com">www.elhhca.com</a> Email: <a href="mailto:care@preceptorhc.com">care@preceptorhc.com</a>
<b>St. Nicholas Hospital Home Health &amp; Hospice</b> 3100 Superior Avenue Sheboygan, WI 53081	Phone: 1-920-457-5770 Toll Free: 1-800-924-4110 Website: <a href="http://www.stnicholashospital.org">www.stnicholashospital.org</a>

### **Non-Medical Home Care**

Non-medical in-home agencies may offer a variety of services designed to assist a client to remain in his or her home. These agencies are not licensed as home health agencies by the State of Wisconsin and are not authorized to provide skilled care. They are, however, authorized to provide personal care, homemaker, and companionship services.

### **Homemaker/Companionship Services:**

Homemaker services generally can include meal preparation, shopping, bed making, laundry, general housecleaning, simple household repair (replace burned-out light bulb), personal assistance, running errands.

### **Personal Care Services:**

Personal care services generally consist of assistance with the following activities of daily living: grooming, bathing, dressing, personal hygiene, exercising, transferring, ambulation, adaptive equipment, supervision and support, monitoring and supervision for permanent risk, and assistance with medications.

### **Companion Services:**

Companionship services generally consist of providing supervision and minimal assistance to someone and often are used for respite when the main caregiver is out of the home.

### **Questions to Ask...**

- Are all employees insured and bonded?
- Does the agency conduct a background check on all employees?
- Who is responsible for providing back-up if a caregiver cannot cover a shift or does not show up?
- How are the caregivers supervised?
- Are all caregivers employees of the agency?

## Home Health Care

### Non-Medical Home Care for Seniors and People with Disabilities \*MA Personal Care Worker Program

<p><b>*Almost Family</b> 31 East Calumet Street Chilton, WI 53014</p>	<p>Phone: 1-920-849-7183 Toll Free: 1-800-238-3014</p>
<p><b>CGA (Caregiver Associates)</b> 2364 Jackson Street, #165 Stoughton, WI 53589 <i>(24/7 non-medical live-in caregivers)</i></p>	<p>Phone: 1-920-395-3902 Website: <a href="http://www.cgafoxvalley.com">www.cgafoxvalley.com</a></p>
<p><b>Comfort Keepers</b> 4509 S. Taylor Drive Sheboygan, WI 53081</p>	<p>Phone: 1-920-204-6886 Email: <a href="mailto:Sheboygan@comfortkeepers.com">Sheboygan@comfortkeepers.com</a> Website: <a href="http://www.comfortkeepers.com">www.comfortkeepers.com</a></p>
<p><b>Companion Care</b> 1330 Blackwood Court Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-6788 Website: <a href="http://www.companioncareofwi.com">www.companioncareofwi.com</a> Email: <a href="mailto:companioncareofwi@gmail.com">companioncareofwi@gmail.com</a></p>
<p><b>Embrace Care Management</b> 627 North 8<sup>th</sup> Street Sheboygan, WI 53081 Contact: Mary Pitsch <i>(certified geriatric care manager)</i></p>	<p>Phone: 1-920-451-6228 Website: <a href="http://www.embracecaremanagement.com">www.embracecaremanagement.com</a> Email: <a href="mailto:embrace_maryp@att.net">embrace_maryp@att.net</a></p>
<p><b>*Georgebees</b> 1227 North 9<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-395-2025</p>
<p><b>Home Instead Senior Care</b> 708 Erie Avenue, Suite 204 Sheboygan, WI 53081</p>	<p>Phone: 1-920-803-0188 Website: <a href="http://www.homeinstead.com">www.homeinstead.com</a></p>
<p><b>Home Sweet Home Again, LLC</b> 13419 County Highway M Kiel, WI <i>(24/7 care available)</i></p>	<p>Phone: 1-920-242-9042 Email: <a href="mailto:debraether@tds.net">debraether@tds.net</a></p>
<p><b>* HomeCare Health Services</b> 2024 Kohler Memorial Drive, Suite 100 Sheboygan, WI 53081</p>	<p>Phone: 1-920-395-1680 Website: <a href="http://www.homecarehealth.org">www.homecarehealth.org</a></p>

## Home Health Care

### Non-Medical Home Care for Seniors and People with Disabilities \*MA Personal Care Worker Program - continued

<p><b>Hope Inspired Home Care, LLC</b> 705 Western Avenue Plymouth, WI 53073</p>	<p>Phone: 1-920-838-5868 Website: <a href="http://www.hopeinspiredhomecare.com">www.hopeinspiredhomecare.com</a></p>
<p><b>Tender Hearts Senior Care</b> 2125 South Memorial Place Suite 3 Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-0791 Toll Free: 1-877-459-0791 Website: <a href="http://www.tenderheartsseniorcare.net">www.tenderheartsseniorcare.net</a> Email: <a href="mailto:info@tenderheartsseniorcare.net">info@tenderheartsseniorcare.net</a></p>

### Medicaid Personal Care Worker Program ONLY

<p><b>Care at Home</b> 2475 University Way, Unit J Green Bay, WI 54302</p>	<p>Phone: 1-920-226-1832 Email: <a href="mailto:careathome21@gmail.com">careathome21@gmail.com</a></p>
<p><b>Options for Independent Living</b> 555 Country Club Road PO Box 11967 Green Bay, WI 54307</p>	<p>Phone: 1-920-490-0500 Website: <a href="http://www.optionsil.com">www.optionsil.com</a> Email: <a href="mailto:maiax@optionsil.org">maiax@optionsil.org</a></p>
<p><b>Wisconsin Home Health Care</b> 3007 South Business Drive, Suite B Sheboygan, WI 53081</p>	<p>Phone: 1-920-783-8344 Website: <a href="http://www.whhcllc.com">www.whhcllc.com</a></p>
<p><b>Universal Home Health</b> 933 Erie Avenue, Suite 9 Sheboygan, WI 53081</p>	<p>Phone: 1-920-452-3370 Website: <a href="http://www.uhhci.com">www.uhhci.com</a></p>

## Home Health Care

### Non-Medical Home Care for People with Disabilities

<p><b>Foundations of Community Living</b> 514 North 8<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-395-8005 Email: <a href="mailto:Nathan.Taylor@foundationswi.com">Nathan.Taylor@foundationswi.com</a> Websites: <a href="http://www.foundationswi.com">www.foundationswi.com</a></p>
<p><b>Homes for Independent Living of Wisconsin, LLC</b> 1201 Michigan Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-9554 ext. 201 Website: <a href="http://www.hil-wi.com">www.hil-wi.com</a> Email: <a href="mailto:michele.martin@hil-wi.com">michele.martin@hil-wi.com</a></p>
<p><b>Mental Health Services, Inc.</b> 1117 Clara Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-8287 Email: <a href="mailto:pam.tegrotenhuis@yahoo.com">pam.tegrotenhuis@yahoo.com</a></p>
<p><b>Newer Beginnings Home Support</b> N7778 Rangeline Road Sheboygan, WI 53081</p>	<p>Phone: 1-920-208-1600 Website: <a href="http://www.newerbeginnings.org">www.newerbeginnings.org</a></p>
<p><b>Our Home Christian Ministries</b> PO Box 700065 Oostburg, WI 53070</p>	<p>Phone: 1-920-564-6933</p>
<p><b>TLC Homes Supportive Home Care</b> 633 St. Clair Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-457-0826 Website: <a href="http://www.tlchomes.net">www.tlchomes.net</a> Email: <a href="mailto:terrigreen@tlchomes.net">terrigreen@tlchomes.net</a></p>

## Home Health Care

### Non-Medical Home Care – Other Chore Services and Support

(Personal Care In-Home Services: lawn cutting, window washing, wall washing, snow blowing, phone, visits, etc.)

<p><b>Alzheimer’s Association Southeastern Wisconsin Chapter</b> 24/7 helpline providing guidance and information related to Alzheimer’s disease or related disorders.</p>	<p>Phone: 1-800-272-3900</p>
<p><b>Caring Transitions of Eastern Wisconsin</b> <i>(senior relocation services)</i> 206 Fond du Lac Avenue Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-627-0707 Toll Free: 1-877-935-4391 Website: <a href="http://www.caringtransitionsseboygan.com">www.caringtransitionsseboygan.com</a> Email: <a href="mailto:kmeyer@caringtransitions.net">kmeyer@caringtransitions.net</a></p>
<p><b>Companion Care of WI</b> 1330 Blackwood Court Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-6788 Website: <a href="http://www.companiorcareofwi.com">www.companiorcareofwi.com</a> Email: <a href="mailto:companioncareofwi@gmail.com">companioncareofwi@gmail.com</a></p>
<p><b>Handy Helpers/ Chore Services Aging and Disability Resource Center of Sheboygan County</b> 650 Forest Avenue Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-4100 Toll Free: 1-800-596-1919 Website : <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a></p>
<p><b>Telephone Reassurance - Aging and Disability Resource Center Of Sheboygan County</b> 650 Forest Avenue Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-4100 or 1-800-596-1919 Website: <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a></p>
<p><b>Tender Hearts Senior Care</b> 2125 South Memorial Place, Suite 3 Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-0791 Toll Free: 1-877-459-0791 Website: <a href="http://www.tenderhearseniorcare.com">www.tenderhearseniorcare.com</a> Email: <a href="mailto:info@tenderheartsseniorcare.com">info@tenderheartsseniorcare.com</a></p>

## Home Health Care

### Non-Medical Home Care – Other Chore Services and Support - continued

(Personal Care In-Home Services: lawn cutting, window washing, wall washing, snow blowing, phone, visits, etc.)

#### **United Way 2-1-1**

211 accessible 24 hours a day for connection to community services.

Phone: 211

Website: [www.211now.org](http://www.211now.org)

## Home Medical Equipment

Durable medical equipment are items that allow individuals to complete an activity of daily living that their illness or condition does not allow them to do without assistance. The equipment can include, but is not limited to, canes, crutches, walkers, wheelchairs, bed tables, hospital beds, patient lifts, hearing aide, braces, prosthetics, commodes, oxygen and other respiratory aides. This equipment can be purchased or rented privately or may be covered by insurance, Medicare, and Medical Assistance.

### **Questions to Ask...**

- Does the provider accept assignment of Medicare and Medical Assistance?
- Does the provider do repairs on-site or does the equipment need to be sent away?
- If the equipment breaks down after-hours or on the weekend, is the provider able to provide repairs or replacement equipment?

## Home Medical Equipment

### Organizations Providing Durable Medical Equipment in Sheboygan County

<p><b>A &amp; J Mobility</b>          333 W. Washington Street          Valders, WI 54245  <i>(Accessible vehicles –purchase or rental)</i></p>	<p>Phone: 1-920-775-9333          Toll Free: 1-888-775-7750          Website: <a href="http://www.aandjmobility.com">www.aandjmobility.com</a></p>
<p><b>Aurora at Home</b>          3313 Behrens Parkway          Sheboygan, WI 5301</p>	<p>Phone: 1-866-853-3559          Website: <a href="http://www.aurorahealthcare.org">www.aurorahealthcare.org</a></p>
<p><b>Erickson Mobility</b>          644 Valley Road          Menasha, WI 54952  <i>(vehicle adaptations, stair lift, ceiling track systems, scooters – sale or rent)</i></p>	<p>Toll Free: 1-800-731-7910          Website: <a href="http://www.myericksonmobility.com">www.myericksonmobility.com</a></p>
<p><b>Glander Prescription Plus</b>          3529 Superior Avenue          Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-2755</p>
<p><b>GT Mobility &amp; Services, LLC</b>          844 Ontario Road          Green Bay, WI 54311  <i>(1 mile east of I-43 at Exit 183)</i></p>	<p>Phone: 1-920-491-8384          Website: <a href="http://www.gtmobility.com">www.gtmobility.com</a>          Email: <a href="mailto:sales@gtmobility.com">sales@gtmobility.com</a></p>
<p><b>HME Home Medical</b>          1338 North Taylor Drive Suite A          Sheboygan, WI 53081</p>	<p>Phone: 1-920-287-3332          Toll Free: 1-800-236-2619          Website: <a href="http://www.hmehomemedical.com">www.hmehomemedical.com</a></p>
<p><b>Home Care Medical, Inc.</b>          2922 South Business Drive          Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-5768          Website: <a href="http://www.homecaremedical.com">www.homecaremedical.com</a></p>
<p><b>J&amp;B Medical Supply</b>          50496 West Pontiac Trail          Wixom, MI 48393  <i>(Medical provider for diabetic supplies and incontinence products)</i></p>	<p>Toll Free: 1-800-737-0045          Website: <a href="http://www.jandbmedical.com">www.jandbmedical.com</a></p>
<p><b>Love INC.</b>          “Helping Churches Help People”</p>	<p>Phone: 1-920-783-6701          Press 2 for “neighbors in need”          Tuesdays and Thursdays 10:00 am-2:00pm</p>



## Home Medical Equipment

### Organizations Providing Durable Medical Equipment in Sheboygan County - continued

<p><b>On Site Repair Services (OSR)</b> Industrial Electronic and Home Mobility Equipment Repair</p>	<p>Phone: 1-920-946-6936 Contact: Marc Theune Email: <a href="mailto:marc@OSR.services">marc@OSR.services</a> Website: <a href="http://www.osr.services">www.osr.services</a></p>
<p><b>Options for Independent Living, Inc.</b> 555 Country Club Road Green Bay, WI 54307 <i>(residential, computer, worksite, and assistive technology assessments)</i></p>	<p>Phone: 1-920-490-0500 Toll Free: 1-888-465-1515 TTY: 1-920-490-0600 Website: <a href="http://www.optionsil.com">www.optionsil.com</a></p>
<p><b>St. Vincent De Paul</b> 4215 State Hwy 42 North Sheboygan, WI 53083</p>	<p>Phone: 1-920-457-4844 Website: <a href="http://www.stvincentdepaulsheboygan.com">www.stvincentdepaulsheboygan.com</a> Email: <a href="mailto:stvincent@gmail.com">stvincent@gmail.com</a></p>
<p><b>The Sharing Closet</b> <u>St. Paul's Episcopal Church</u> 312 East Main Street Plymouth, WI 53073</p>	<p>Phone: 920-892-4894 or 920-980-7976 <i>Crutches, wheelchairs, walkers, commodes, shower chairs, and miscellaneous medical equipment on loan for no charge.</i></p>
<p><b>WisTech</b> <i>(Wisconsin's Assistive Technology Program)</i> 555 Country Club Road Green Bay, WI 54307</p>	<p>Phone: 1-920-490-0500 Toll Free: 1-888-465-1515 TTY: 1-920-490-0600 Website: <a href="http://www.optionsil.com">www.optionsil.com</a></p>

## Hospice/Palliative Care

Hospice provides services to someone who is diagnosed with a terminal illness, has a limited life expectancy, and is no longer seeking aggressive treatment. Hospice provides a variety of services focusing on quality of life including, but not limited to, skilled nursing care, care management, medications, home health aide services, in-home respite, inpatient respite, durable medical equipment and bereavement counseling. Palliative Care provides services to someone who has a serious, chronic or life limiting illness. Services focus on quality of life, including symptom management and can begin at any stage of the illness.

### Questions to Ask...

- How are the caregivers supervised?
- Does the agency provide 24-hour coverage?
- What types of services does the agency provide?
- Does a nurse come in every day?
- What if I change my mind and I want treatment?
- What kind of help will my family receive?

### \*Palliative care is provided, as well as hospice care

Hospice	
<b>*Aurora at Home</b> 3313 Behrens Parkway Sheboygan, WI 53081	Phone: 1-920-288-5100 Website: <a href="http://www.aurorahealthcare.org">www.aurorahealthcare.org</a>
<b>*Cedar Home Health &amp; Hospice</b> 5505 County Road Z West Bend, WI 53095	Phone: 1-262-306-2691 Website: <a href="http://www.cedarathome.org">www.cedarathome.org</a> Email: <a href="mailto:kweston@cedarcommunity.org">kweston@cedarcommunity.org</a>
<b>Compassus</b> 1026 South Taylor Drive Sheboygan, WI 53081	Phone: 1-920-452-1851 Toll Free: 1-800-467-7423 Website: <a href="http://www.compassus.com">www.compassus.com</a>
<b>Heartland Hospice Care</b> N6650 Rolling Meadows Drive, Suite 1 Fond du Lac, WI 54937	Phone: 1-866-216-5708 Website: <a href="http://www.hcr-manorcure.com">www.hcr-manorcure.com</a>

## Hospice/Palliative Care

### Hospice - continued

<p><b>Serenity Hospice Care</b>  W175 N11117 Stonewood Drive  Suite 100  Germantown, WI 53022</p>	<p>Phone: 1-262-735-4297  Website: <a href="http://www.serenityhospiceagency.com">www.serenityhospiceagency.com</a></p>
<p><b>*Sharon S. Richardson  Community Hospice</b>  W2850 State Road 28  Sheboygan Falls, WI 53085  <i>(Home hospice and inpatient hospice)</i></p>	<p>Phone: 1-920-467-1800  Toll Free: 1-866-467-2011  Website: <a href="http://www.ssrhospicehome.org">www.ssrhospicehome.org</a></p>
<p><b>*St. Nicholas Hospital Home  Health &amp; Hospice</b>  3100 Superior Avenue  Sheboygan, WI 53081</p>	<p>Phone :1-920-457-5770  Toll Free: 1-800-924-4110  Website: <a href="http://www.stnicholashospital.org">www.stnicholashospital.org</a></p>

## Hospitals/Medical Centers

<p><b>Aurora Sheboygan Memorial  Medical Center</b>  2629 North 7th Street  Sheboygan, WI 53083</p>	<p>Phone: 1-920-451-5000  Website: <a href="http://www.aurorahealthcare.org">www.aurorahealthcare.org</a></p>
<p><b>Community-Based Outpatient  Clinic (VA Clinic)</b>  1205 North Avenue  Cleveland, WI 53015</p>	<p>Phone: 1-920-693-5600  Toll Free: 1-877-693-5699  Website: <a href="http://www.milwaukee.va.gov">www.milwaukee.va.gov</a></p>

## Hospitals/Medical Centers

<p><b>Lakeshore Community Health Center</b>          1931 North 8<sup>th</sup> Street          Sheboygan, WI 53081  <i>(Dental)</i>          1721 Saemann Avenue          Sheboygan, WI 53081  <i>(Medical and Behavioral Health Services)</i></p>	<p>Phone: 1-920-783-6633 Ext. 4  <i>(Dental)</i></p> <p>Phone: 1-920-783-6633 Ext. 5  <i>(Medical/Behavioral)</i>          Website: <a href="http://www.lakeshorecommunityhc.org">www.lakeshorecommunityhc.org</a></p>
<p><b>St. Nicholas Hospital</b>          3100 Superior Avenue          Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-8300          Website: <a href="http://www.stnicholashospital.org">www.stnicholashospital.org</a></p>

## Free Clinics

<p><b>Salvation Army</b>          710 Pennsylvania Avenue          Sheboygan, WI 53081  <b>Mailing Address:</b>          PO Box 1207          Sheboygan, WI 53082-1207</p>	<p>Phone: 1-920-458-3723 ext 262          Website: <a href="http://www.sasheboygan.org">www.sasheboygan.org</a></p>
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## Public Health

<p><b>Sheboygan County Division of Public Health</b>          1011 North 8<sup>th</sup> Street          Sheboygan, WI 53081  <i>(Information regarding communicable diseases, smoking cessation, and health promotion)</i></p>	<p>Phone: 1-920-459-4382          Toll Free: 1-800-596-1919 ext 4382          Website: <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a>          Email: <a href="mailto:public.health@sheboygancounty.com">public.health@sheboygancounty.com</a></p>
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## Hospitals/Medical Centers

If you are concerned that you or someone you know may have memory loss, dementia, and/or Alzheimer's Disease, contact your local family doctor or neurologist. For more information, you may also call the Alzheimer's Association 24/7 helpline at 1-800-272-3900 or visit the Alzheimer's Association website at [www.alz.org/sewi](http://www.alz.org/sewi). Diagnostic Clinics provide specific assessments to determine the exact type of dementia. Treatment plans vary based on the cause of memory loss. Early detection allows individuals to receive maximum benefit from available treatments

<b>Diagnostic Clinic for Memory Loss</b>	
<p><b>HFM Behavioral Health</b>                      339 Reed Avenue                      Manitowoc, WI 54221                      Dr. Cameron Goetz</p>	<p>Phone: 1-920-320-8600                      Website: <a href="http://www.hfmhealth.org">www.hfmhealth.org</a></p>
<p><b>Prevea Health East</b>                      3860 Monroe Road                      DePere, WI 54115                      Dr. Tracy Sherman</p>	<p>Phone: 1-920-431-1940                      Website: <a href="http://www.prevea.com">www.prevea.com</a></p>
<p><b>West Bend Clinic</b>                      1700 West Paradise Drive                      West Bend, WI 53095                      Dr. Lawrence Sullivan</p>	<p>Phone: 1-262-836-6200                      Toll Free: 1-800-825-0513</p>

## Housing

The following is a listing of low-income housing options available in Sheboygan County.

<b>Subsidized Rental Housing Projects City of Sheboygan</b>	
<b>Covenant House</b> 3212 Saemann Avenue Sheboygan, WI 53081	Phone: 1-920-452-0880
<b>Niagara Heights</b> 820 North 9 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-803-8901
<b>Park Plaza</b> 909 Ontario Avenue Sheboygan, WI 53081	Phone: 1-920-459-3466 Email: <a href="mailto:housing@excel.net">housing@excel.net</a>
<b>Riverview Apartments</b> 2119 Erie Avenue Sheboygan, WI 53081	Phone: 1-920-452-7701
<b>St. Nicholas Apartments</b> 916 Huron Avenue Sheboygan, WI 53081	Phone: 1-920-452-7521
<b>Tamarack</b> 2201 Erie Avenue Sheboygan, WI 53081	Phone: 1-920-459-3466 Email: <a href="mailto:housing@excel.net">housing@excel.net</a>
<b>Wasserman Hi-Rise</b> 611 North Water Street Sheboygan, WI 53081	Phone: 1-920-459-3466 Email: <a href="mailto:housing@excel.net">housing@excel.net</a>

## Housing

### Subsidized Rental Housing Projects Outside City of Sheboygan

<b>Cascade Manor</b> 127 North Milwaukee Street Cascade, WI 53011	Phone: 1-920-918-8439
<b>Country Harbor</b> 725 Spring Street Random Lake, WI 53075	Phone: 1-414-322-2934 Email: <a href="mailto:countryharborapt@yahoo.com">countryharborapt@yahoo.com</a>
<b>Hawthorne Woods Apartment</b> 430 North Highland Avenue Plymouth, WI 53073	Phone: 1-920-893-8319
<b>Lincoln Apartments 1 &amp; 2</b> 715-801 South Lincoln Drive Howards Grove, WI 53083	Phone: 1-920-459-9333
<b>Quit Qui Oc Manor</b> 1214 Reed Street Plymouth, WI 53073	Phone: 1-920-893-5133
<b>Rich-Lean Apartments</b> 115 North 15 <sup>th</sup> Street Oostburg, WI 53070	Phone: 1-920-564-2806
<b>Rochester Springs</b> 915 Broadway Sheboygan Falls, WI 53085 <i>(age 62 or older)</i>	Phone: 1-920-459-3466 Email: <a href="mailto:housing@excel.net">housing@excel.net</a>
<b>Zion Community Apartment</b> 210 1 <sup>st</sup> Avenue Adell, WI 53001	Phone: 1-920-994-4510 c/o Zion United Methodist Church

## Housing

### Subsidized Rental Housing Projects – For Families City of Sheboygan

<b>Amherst Court Apartments</b> 110 Amherst Avenue Sheboygan Falls, WI 53085	Phone: 1-920-467-7121
<b>Camelot Manor</b> 2332 Carmen Avenue Sheboygan, WI 53081	Phone: 1-920-452-3986
<b>Fairview Crossing Apartments</b> 740 South Pleasant View Road Plymouth, WI 53073	Phone: 1-920-892-8603
<b>Georgia Avenue Apartments</b> 2600-2702 Georgia Avenue Sheboygan, WI 53081	Phone: 1-920-459-3466 Email: <a href="mailto:housing@excel.net">housing@excel.net</a>
<b>Hawthorne Woods Apartments</b> 432 North Highland Avenue Plymouth, WI 53073	
<b>Parkwood Village</b> 3602 South 12 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-452-6566
<b>Ridge Court</b> 3444 Eisner Court Sheboygan, WI 53083	Phone: 1-920-452-6215

### Affordable Housing - City of Sheboygan

<b>Country Village</b> 4303 Thielman Drive Sheboygan, WI 53081	Phone: 1-920-457-4574 Website: <a href="http://www.midwestrents.com">www.midwestrents.com</a>
<b>Garton Toy Factory Apartments</b> 830 North Water Street Sheboygan, WI 53081	Phone: 1-920-208-6044 Website: <a href="http://www.gartontoyfactory.com">www.gartontoyfactory.com</a>
<b>Leverenz Building</b> 531 South 8 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-452-7276 Website: <a href="http://www.sheboyganhistoricapartments.com">www.sheboyganhistoricapartments.com</a>



## Housing

### Affordable Housing - City of Sheboygan - continued

<b>Mission Village of Sheboygan</b> 4607 Telluride Drive Sheboygan, WI 53083	Phone: 1-920-539-7635 Website: <a href="http://www.missionvillagesheboygan.com">www.missionvillagesheboygan.com</a> Email: <a href="mailto:info@missionvillagesheboygan.com">info@missionvillagesheboygan.com</a>
<b>Partners Sunnyside Townhouses</b> 1024 Weeden Creek Road Sheboygan, WI 53081	Phone: 1-920-459-9299 Email: <a href="mailto:sunnyside@partners4cd.com">sunnyside@partners4cd.com</a> Contact: Dawn Zoerner
<b>Riverwalk Apartments</b> <i>(leasing office)</i> 828 North 10 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-514-0761 Website: <a href="http://www.riverwalkapartments.us">www.riverwalkapartments.us</a>
<b>Village Green</b> 3706 Superior Avenue Sheboygan, WI 53081	Phone: 1-920-458-8828 Website: <a href="http://www.midwestrents.com">www.midwestrents.com</a>

### Affordable Housing – Outside City of Sheboygan

<b>Briarwood Cottages</b> 530 South Pleasantview Road Plymouth, WI 53073	Phone: 1-920-892-1116 Website: <a href="http://www.midwestrents.com">www.midwestrents.com</a>
<b>Brickner Woolen Mills</b> 639 Monroe Street Sheboygan Falls, WI 53085	Phone: 1-920-731-7242 Website: <a href="http://www.sheboyganhistoricapartments.com">www.sheboyganhistoricapartments.com</a>
<b>Midtown Manor</b> 119 South 11 <sup>th</sup> Street Oostburg, WI 53070	Phone: 1-920-980-8886 Website: <a href="http://www.midtownmanor.us">www.midtownmanor.us</a> Email: <a href="mailto:info@her.rentals">info@her.rentals</a>
<b>Pleasantview Townhomes</b> 563 North Pleasantview Road Plymouth, WI 53073	Phone: 1-920-892-2447 Website: <a href="http://www.pleasantviewtownhomes.com">www.pleasantviewtownhomes.com</a>
<b>Windsor Village Apartments</b> 225 North Main Street Sheboygan Falls, WI 53085	Phone: 1-920-467-9020

## Housing

### Senior Housing

<b>Atrium Senior Living of Plymouth At South Horizon</b> 930 East Clifford Street Plymouth, WI 53073	Phone: 1-920-893-2485
<b>Colonial Columns</b> 611 Appleton Street Plymouth, WI 53073	Phone: 1-920-892-2983
<b>Maple Dale Senior Village</b> 4122 Driftwood Court Sheboygan, WI 53081	Phone: 1-920-451-0993 Website: <a href="http://www.midwestrents.com">www.midwestrents.com</a>
<b>Taylor Park Senior Apartments</b> 826 Taylor Parkway Sheboygan, WI 53081	Phone: 1-920-694-1948 Website: <a href="http://www.taylorparkliving.com">www.taylorparkliving.com</a>
<b>Regency House</b> 919 Wisconsin Avenue Sheboygan, WI 53081	Phone: 1-920-452-2009 Website: <a href="http://www.hometownapartmentcommunities.com">www.hometownapartmentcommunities.com</a>
<b>Waterview of Sheboygan</b> 910 North 10 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-627-2500 Website: <a href="http://www.horizondbm.com">www.horizondbm.com</a>

### Senior Condos

<b>Cedar Landing at Elkhart Lake</b> 101 Cedar Lane Elkhart Lake, WI 53020	Phone: 1-920-876-4050 Website: <a href="http://www.cedarlanding.org">www.cedarlanding.org</a>
<b>Landmark Square Senior Community Housing</b> 832 North 6 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-458-2137 Ext. 813 Website: <a href="http://www.landmarksquare.org">www.landmarksquare.org</a> Email: <a href="mailto:ptreffert@retiresheboygan.org">ptreffert@retiresheboygan.org</a>

## Housing

### Rooming House / Efficiency Apartments

<b>Enz Manor</b> 919 North 5 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-980-9028
<b>Fischer Pool Hall</b> 912 Indiana Avenue Sheboygan, WI 53081	Phone: 1-920-458-0528 Contact: Carol Fischer
<b>Superior Manor</b> 1427 North 10 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-459-7441 Call weekdays between 3:00 p.m. to 5:00 p.m.

### Low Income Housing Services - Including Emergency Services City of Sheboygan

<b>Bridgeway</b> 1251 Geele Avenue Sheboygan, WI 53081 <i>Transitional Housing for women and children</i>	Phone: 1-920-457-7272 Website: <a href="http://www.sheboygancountyinterfaith.org">www.sheboygancountyinterfaith.org</a>
<b>Safe Harbor</b> 929 Niagara Avenue Sheboygan, WI 53081 <i>(Emergency housing for victims of domestic violence and sexual assault)</i>	Phone: 1-920-452-7640 or 1-800-499-7640 <i>(24 Hour Crisis Line)</i>
<b>Salvation Army</b> 710 Pennsylvania Avenue Sheboygan, WI 53081 <b>Mailing Address:</b> PO Box 1207 Sheboygan, WI 53082-1207 <i>(Emergency Lodging)</i>	Phone: 1-920-458-3723 ext 260 Website: <a href="http://www.sasheboygan.org">www.sasheboygan.org</a>
<b>Sheboygan Housing Authority</b> 611 North Water Street Sheboygan, WI 53081 <i>(Subsidized Housing &amp; Choice Voucher Program-city of Sheboygan)</i>	Phone: 1-920-459-3466 Email: <a href="mailto:housing@excel.net">housing@excel.net</a>

## Housing

### Low Income Housing Services - Including Emergency Services City of Sheboygan - continued

<b>Society of St. Vincent De Paul</b> 4215 Highway 42 North Sheboygan, WI 53083	Phone: 1-920-457-4844 Various financial programs for emergency housing
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### Low Income Housing Services - Including Emergency Services Outside City of Sheboygan

<b>Bread of Life Assistance Center (Extension of Salvation Army)</b> 110 East Mill Street Plymouth, WI 53073 <i>(Various financial programs for emergency housing for all other Sheboygan County communities except Sheboygan, Sheboygan Falls, Kohler, and Howards Grove)</i>	Phone: 1-920-893-4076 Hours: Tuesday & Wednesday 10:00 a.m. – 3:00 p.m. Thursday 10:00 a.m. – 1:00 p.m.
<b>Plymouth Housing Authority</b> 1214 Reed Street Plymouth, WI 53073	Phone: 1-920-893-5133
<b>Horizon Management Group, Inc.</b>	Phone: 1-800-333-8250 Subsidized Housing & Choice Voucher Program-Outside of the City of Sheboygan

## Insurance

### Insurance for Elderly and Disabled Individuals on Social Security

<b>Medicaid Programs</b>  <b>Medicaid:</b> <i>(for the Elderly, Blind, Disabled-EDB, Medicaid deductible, Medicaid Purchase Plan/MAPP, BadgerCare)</i> <b>SSI Medicaid:</b> <i>(Medicaid attached to SSI benefit)</i>	Toll Free: 1-888-256-4563 Website: <a href="http://www.dhs.wisconsin.gov/medicaid/index.htm">www.dhs.wisconsin.gov/medicaid/index.htm</a>  Toll Free: 1-800-362-3002 Website: <a href="http://www.dhs.wisconsin.gov/ssi/">www.dhs.wisconsin.gov/ssi/</a>
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## Insurance

### Insurance for Elderly and Disabled Individuals on Social Security - continued

<p><b>Medicare</b> (<i>seniors over age 65 and individuals on Social Security Disability</i>)</p> <p><u>Disability Drug Benefit Helpline:</u> (<i>for individuals age 18-59</i>)</p> <p><u>Medicare Part D and Prescription Drug Helpline:</u> (<i>for individuals age 60 or older</i>)</p> <p><u>Medigap Helpline:</u> (<i>questions about Medicare and Other Insurance</i>)</p>	<p>Toll Free: 1-800-633-4227 Website: <a href="http://www.medicare.gov">www.medicare.gov</a></p> <p>Toll Free: 1-800-926-4862</p> <p>Toll Free: 1-855-677-2783</p> <p>Toll Free: 1-800-242-1060 Website: <a href="http://www.dhs.wisconsin.gov/aging/boaltc/medigap.htm">www.dhs.wisconsin.gov/aging/boaltc/medigap.htm</a></p>
<p><b>Senior Care</b> (<i>drug assistance program for individuals 65 years of age or older</i>)</p>	<p>Toll Free: 1-800-657-2038 Website: <a href="http://www.dhs.wisconsin.gov/seniorcare">www.dhs.wisconsin.gov/seniorcare</a></p>

### Affordable Health Care for Individuals not on Medicare

#### Affordable Health Care

*(If you are 65 or older, on Social Security, or on Social Security Disability and have Medicare, the Affordable Care Act **does not apply to you**)*

#### Lakeshore Community Health Center

Certified Assistance Counselor Program/C.A.C.: assists individuals to prepare electronic and paper applications to enroll through the Marketplace.

Phone: 1-920-783-6633 ext. 207  
E-mail: [jschmidt@lakeshorechc.org](mailto:jschmidt@lakeshorechc.org)

## Insurance

### Non-Insurance Assistance for Medical Costs

<b>Helping Hands</b> <i>(assistance with medically necessary costs for Aurora patients only)</i>	Phone: 1-920-457-4461 Website: <a href="http://www.aurorahealthcare.org">www.aurorahealthcare.org</a>
<b>Patient Assistance Program</b> <i>(resource/referral for reduced cost medications)</i>	Phone: 1-920-457-4461 Website: <a href="http://www.aurorahealthcare.org">www.aurorahealthcare.org</a>
<b>Needy Meds</b> <i>(assistance for cost of medication directly through drug companies)</i>	Website: <a href="http://www.needymeds.com">www.needymeds.com</a>
<b>Office for the Deaf And Hard of Hearing</b> 1West Wilson Street Room 558 PO Box 7851 Madison, WI 53707-7851 <i>(Promoting Equal Communication Access and Accommodations)</i>	Phone: 1-855-359-5252 Email: <a href="mailto:DHSODHH@wisconsin.gov">DHSODHH@wisconsin.gov</a> Website: <a href="http://www.dhs.wisconsin.gov/sensory">www.dhs.wisconsin.gov/sensory</a>
<b>Sheboygan County Cancer Care Fund</b> <i>(for individuals diagnosed with cancer)</i>	Phone: 1-920-458-7433 Website: <a href="http://www.scccf.org">www.scccf.org</a>

## Legal/Advocacy Assistance

The following agencies can provide some limited legal advice and/or advocacy. Please contact them directly or contact the Aging and Disability Resource Center for more specific information.

### Legal/Advocacy Services

<b>Anti-Fraud Hotline</b> <i>(report suspected fraud and receive assistance)</i>	Phone: 1-855-303-9470 Website: <a href="http://www.aging.senate.gov/fraud-hotline">www.aging.senate.gov/fraud-hotline</a>
<b>Coalition of Wisconsin Aging Groups (CWAG)</b> <i>(60 years or older)</i>	Toll Free: 1-800-488-2596 Website: <a href="http://www.cwagwisconsin.org">www.cwagwisconsin.org</a>

## Legal/Advocacy Assistance

### Legal/Advocacy Services – continued

<p><b>DAAN (Disability Advocacy Action Network)</b>  <b>Options for Independent Living</b>          PO Box 11967          Green Bay, WI 54307-1967</p>	<p>Toll Free: 1-888-465-1515 ext. 183          Website: <a href="http://www.optionsil.com">www.optionsil.com</a>          Email: <a href="mailto:byiam@optionsil.org">byiam@optionsil.org</a>          Contact: Byia Martin          806 North 8<sup>th</sup> Street, Sheboygan County          3<sup>rd</sup> Wednesday of the month</p>
<p><b>Disability Rights Wisconsin</b>  <i>(Adults age 18-59)</i>          131 W Wilson Street, Suite 700          Madison, WI 53703</p>	<p>Phone: 1-608-267-0214          Toll Free: 1-800-928-8778          Website: <a href="http://www.disabilityrightswi.org">www.disabilityrightswi.org</a></p>
<p><b>Elder Benefit Specialist,          Disability Benefit Specialist          Aging and Disability Resource          Center of Sheboygan County</b>          650 Forest Avenue          Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-4100 or          1-800-596-1919          Website : <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a></p>
<p><b>Elder Rights Project</b>  <i>(Legal Service for people 60+ who are suffering from abuse)</i>          404 N. Main Street          Oshkosh, WI 54901</p>	<p>Phone: 1-920-233-6521          Toll Free: 1-800-236-1128</p>
<p><b>Hmong Mutual Assistance Assoc.</b>          2304 Superior Avenue          Sheboygan, WI 53081</p>	<p>Phone: 920-458-0808</p>
<p><b>KEPRO</b>          Beneficiary Complaints          5201 West Kennedy Blvd, Suite 900          Tampa, FL 33609  <i>(Medicare beneficiaries can file a quality of care complaint regarding any medical service that happened within 3 years that was covered by Medicare from any Medicare participating facility)</i></p>	<p>Phone: 1-855-408-8557          Website: <a href="http://keproqio.com">keproqio.com</a>          Email: <a href="mailto:beneficiary.complaints@hcqis.org">beneficiary.complaints@hcqis.org</a></p>



## Legal/Advocacy Assistance

### Legal/Advocacy Services – continued

<p><b>Legal Action of Wisconsin</b>  <i>(legal services some civil matters only for low income persons)</i>            404 North Main Street, Suite 702            Oshkosh, WI 54901</p>	<p>Phone: 1-920-233-6521            Toll Free: 1-800-236-1128            Website: <a href="http://www.legalaction.org">www.legalaction.org</a></p>
<p><b>Ombudsman-Family Care</b>  <i>(Adults age 18-59)</i></p>	<p>Phone: 1-608-267-0214            Toll Free: 1-800-928-8778            Website: <a href="http://www.disabilityrightswi.org">www.disabilityrightswi.org</a></p>
<p><b>Ombudsman- Long Term Care</b>  <i>(Nursing Home and CBRF Complaints – Adults 60 years or older)</i>  <b>Board on Aging &amp; Long Term Care</b>            1402 Pankratz Street, Suite 111 Madison, WI 53704</p>	<p>Toll Free: 1-800-815-0015            Email: <a href="mailto:BOALTC@wisconsin.gov">BOALTC@wisconsin.gov</a>            Website: <a href="http://www.longtermcare.wi.gov">www.longtermcare.wi.gov</a></p>
<p><b>Online Legal Advice</b>  <i>(For low income Wisconsin residents- post legal questions and get brief legal advice. Non-emergency and non-criminal issues only. Issues could include divorce, custody, placement, child support, consumer debt, tax and housing)</i></p>	<p>Website: <a href="http://www.wilegaladvice.org">www.wilegaladvice.org</a></p>
<p><b>Public Assistance Fraud</b>  <i>(Report suspected public assistance fraud)</i></p>	<p>Phone: 1-877-865-3432            Website: <a href="http://www.reportfraud.wisconsin.gov">www.reportfraud.wisconsin.gov</a></p>
<p><b>Salvation Army Legal Aid Clinic</b>            710 Pennsylvania Avenue            Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-3723            Website: <a href="http://www.sasheboygan.org">www.sasheboygan.org</a>            Walk-in hours:            2<sup>nd</sup> and 4<sup>th</sup> Thursday            1:30 p.m. to 4:00 p.m.</p>
<p><b>Tenant Resource Center</b>  <i>(Free counseling regarding rental rights)</i></p>	<p>Phone: 1-877-238-7368            Website: <a href="http://www.tenantresourcecenter.org">www.tenantresourcecenter.org</a>            Email: <a href="mailto:asktrc@tenantresourcecenter.org">asktrc@tenantresourcecenter.org</a></p>



## Legal/Advocacy Assistance

### Legal/Advocacy Services – continued

<p><b>Wisconsin Bar Association</b>                  PO Box 7158                  Madison, WI 53707  <i>(Lawyer referral)</i>  <b>Modest Means</b>  <i>(referral to attorneys who are willing to provide legal services to eligible low income individuals)</i></p>	<p>Toll Free: 1-800-362-9082                  Website: <a href="http://www.wisbar.org">www.wisbar.org</a></p> <p>Phone: 1-800-362-9082                  Website: <a href="http://www.wisbar.org/modestmeans">www.wisbar.org/modestmeans</a></p>
<p><b>Wisconsin Guardianship Support Center</b>                  Greater Wisconsin Agency on Aging Resources                  1414 MacArthur Road, Suite 306                  Madison, WI 53714</p>	<p>Phone: 1-855-409-9410                  Website: <a href="http://www.gwaar.org">www.gwaar.org</a>                  Email: <a href="mailto:guardian@gwaar.org">guardian@gwaar.org</a></p>

## Mental Health/Alcohol & Drug Abuse Services

The following organizations provide a variety of services including counseling, therapy and support groups.

### Mental Health/ Alcohol and Drug Abuse Services

<p><b>Alcoholics Anonymous/Alanon 1907 Club</b>                  2908 North 21st Street                  Sheboygan, WI 53083</p>	<p>Phone: 1-920-457-9633                  Drop-in Hours: 9:00 am to 9:00 pm</p>
<p><b>Alcoholics Anonymous/Narcotics Anonymous Rightway Club</b>                  4627 South 12th Street                  Sheboygan, WI 53081</p>	<p>Phone: 1-920-452-3375                  Open for meetings only</p>
<p><b>Alcoholics Anonymous Hotline</b>  <i>(Referral to open meetings in Sheboygan County)</i></p>	<p>Phone: 1-800-355-7318                  Website: <a href="http://www.area75.org">www.area75.org</a></p>

## Mental Health/Alcohol & Drug Abuse Services

### Mental Health Services – continued

<p><b>Associated Psychological Health Services</b> 2808 Kohler Memorial Drive Sheboygan, WI 53081</p>	<p>Phone: 1-920-457-9192 Email: <a href="mailto:DrTobyWatson@DrTobyWatson.com">DrTobyWatson@DrTobyWatson.com</a> Website: <a href="http://www.DrTobyWatson.com">www.DrTobyWatson.com</a></p>
<p><b>Aurora Sheboygan Clinic-Mental Health</b> 2414 Kohler Memorial Drive Sheboygan, WI 53083</p>	<p>Phone: 1-920-457-4461</p>
<p><b>Prevea Behavioral Care</b> 3425 Superior Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-5557 Website: <a href="http://www.prevea.com">www.prevea.com</a></p>
<p><b>Catholic Charities</b> 503 Wisconsin Avenue, Suite 2 Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-5726 Website: <a href="http://www.ccmke.org">www.ccmke.org</a></p>
<p><b>Clutter to Comfort, LLC</b> W2485 Ourtown Road Sheboygan Falls, WI 53085 <i>(coaching and counseling to organize and reduce clutter)</i></p>	<p>Phone: 1-920-946-5622 Website: <a href="http://www.cluttertocomfort.com">www.cluttertocomfort.com</a> Email: <a href="mailto:pamhertel@charter.net">pamhertel@charter.net</a></p>
<p><b>Division of Community Programs Crisis Number</b> <i>(Available 24 hours daily)</i></p>	<p>Phone: 1-920-459-3151 Website: <a href="http://www.familyservicesnew.org/crisis-center">www.familyservicesnew.org/crisis-center</a></p>
<p><b>Lakeshore Community Health Center</b> 1721 Saemann Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-783-6633 Ext 5 Website: <a href="http://www.lakeshorecommunityhc.org">www.lakeshorecommunityhc.org</a> Email: <a href="mailto:info@lakeshorechc.org">info@lakeshorechc.org</a></p>
<p><b>Libertas of Sheboygan County</b> 2108 Kohler Memorial Drive Sheboygan, WI 53081 <i>(provides substance abuse treatment)</i></p>	<p>Phone: 1-920-803-0740 Website: <a href="http://www.libertasgb.org">www.libertasgb.org</a></p>
<p><b>Lutheran Social Services</b> 706 North 9<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-4161</p>

## Mental Health/Alcohol & Drug Abuse Services

### Mental Health Services – continued

<p><b>Mental Health America</b> 915 North 7<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-3951 Website: <a href="http://www.mhasheboygan.org">www.mhasheboygan.org</a></p>
<p><b>Nett-Work Family Counseling, LLC</b> 2801 Calumet Drive Sheboygan, WI 53083</p>	<p>Phone: 1-920-451-6908 Website: <a href="http://www.nett-workfamilycounseling.org">www.nett-workfamilycounseling.org</a></p>
<p><b>Northshore Clinic, LLC</b> 805 North 6<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-457-8866 Website: <a href="http://www.northshoreclinic.org">www.northshoreclinic.org</a> Email: <a href="mailto:nsc@northshoreclinic.org">nsc@northshoreclinic.org</a></p>
<p><b>Novo Counseling, LLC</b> 1407 North 8<sup>th</sup> Street, Suite 6 Sheboygan, WI 53081</p>	<p>Phone: 1-414-333-8088 Website: <a href="http://www.novocounseling.com">www.novocounseling.com</a></p>
<p><b>Phoenix Behavioral Health</b> 1121 North 7<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-682-1131 Website: <a href="http://www.phoenixbhc.com">www.phoenixbhc.com</a> Email: <a href="mailto:info@phoenixbhc.com">info@phoenixbhc.com</a></p>
<p><b>Safe Harbor</b> 929 Niagara Avenue Sheboygan, WI 53081 <i>(Domestic violence and sexual assault advocacy and therapy services)</i></p>	<p>Phone: 920-452-7640 Toll Free: 1-800-499-7640 Website: <a href="http://www.sheboygansafeharbor.org">www.sheboygansafeharbor.org</a></p>
<p><b>Samaritans Hand</b> 913 North 6<sup>th</sup> Street Sheboygan, WI 53081 <i>(Faith-based drug &amp; alcohol outpatient clinic)</i></p>	<p>Phone: 920-254-6922 Website: <a href="http://www.samaritanshand.org">www.samaritanshand.org</a> Email: <a href="mailto:info@samaritanshand.org">info@samaritanshand.org</a></p>
<p><b>Sheboygan County Mental Health &amp; Substance Abuse Treatment Center</b> 1011 North 8<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-3155 Walk-in hours: 8:00 a.m. to Noon &amp; 1:00 to 4:30 p.m. or by appointment</p>

## Mental Health/Alcohol & Drug Abuse Services

### Mental Health Services – continued

<b>Turning Point Crisis/Diversion Program – Adult Services</b> 1202 North 31 <sup>st</sup> Street Sheboygan, WI 53081	Phone: 1-920-458-6188 <b><u>Admission by referral only:</u></b> contact SCHHS at 920-459-3155 or Family Services of NE WI Inc. Mobile Crisis Program at 920-459-3151
<b>Veterans Counseling</b> <u>Veterans Office - Courthouse Annex</u> 615 North 6 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-414-434-1311 <i>(by appointment only)</i> <b>Contact: Rodney Purcell</b> <i>(Veterans Counselor)</i>
<b>Wholistic Health Counseling Services</b> 5934 South Business Drive Sheboygan, WI 53081	Phone: 1-920-459-9277 Website: <a href="http://www.wholistichealthcenter.org">www.wholistichealthcenter.org</a> Email: <a href="mailto:wholistichealth@att.net">wholistichealth@att.net</a>

## Nursing Homes/Skilled Nursing Facilities

Skilled nursing facilities provide long-term care for people who require assistance with their daily needs. In addition, many now offer shorter rehabilitation services to return individuals to their highest level of functioning and independence. Others may offer respite care, hospice care or specialized dementia units.

### Questions to Ask...

- Is a doctor visit required before admission?
- Are there activities and do I have to go?
- Can my friends or relatives visit?
- Am I still able to make my own decisions?
- Will I have privacy?
- Will I be able to afford it and, if not, where can I get assistance?

## Nursing Homes/Skilled Nursing Facilities

The Alzheimer's Association of Southeastern Wisconsin sent a Memory Care survey to define the level of care for persons with dementia to all Assisted Living and Skilled Nursing facilities. If you are seeking a residential placement for someone with Alzheimer's Disease or other related dementia, you may find results from facilities that completed and returned the survey by contacting the Alzheimer's Association at 1-800-272-3900.

Please check the website address listed below to find and compare Medicare and Medicaid-certified Nursing Homes:

[www.medicare.gov](http://www.medicare.gov)

To find information on any violations at a facility, you may contact the Wisconsin Bureau of Quality Assurance, Northeastern Regional Office, at 920-448-5255 or check the website:

[www.dhfs.wisconsin.gov/bqaconsumer/assistedliving/](http://www.dhfs.wisconsin.gov/bqaconsumer/assistedliving/)

### Skilled Nursing Facilities in Sheboygan County

<b>Atrium Health Senior Living Post Acute Care of Plymouth</b> 916 East Clifford Street Plymouth, WI 53073	Phone: 1-920-893-4777 Website: <a href="http://www.atriumhsl.com">www.atriumhsl.com</a>
<b>Meadow View Manor Nursing Home</b> 3613 South 13 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-458-4040 Website: <a href="http://www.mviewmanorskillednursing.com">www.mviewmanorskillednursing.com</a>

## Nursing Homes/Skilled Nursing Facilities

### Skilled Nursing Facilities in Sheboygan County - continued

<p><b>Morningside Health Center</b> 3431 North 13<sup>th</sup> Street Sheboygan, WI 53083</p>	<p>Phone: 1-920-457-5046 Website: <a href="http://www.morningsideskillednursing.com">www.morningsideskillednursing.com</a></p>
<p><b>Pine Haven Christian Home</b> 220 Haven Drive Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-2401 Website: <a href="http://www.pinehaven.org">www.pinehaven.org</a></p>
<p><b>Rocky Knoll Health Care Center</b> N7135 Rocky Knoll Parkway Plymouth, WI 53073</p>	<p>Phone: 1-920-893-6441 Website: <a href="http://www.myrockyknoll.com">www.myrockyknoll.com</a></p>
<p><b>Sheboygan Health Services</b> 3129 Michigan Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-1155</p>
<p><b>Sheboygan Progressive Care Center</b> 1902 Mead Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-8333 Website: <a href="http://www.sheboyganprogskillednursing.com">www.sheboyganprogskillednursing.com</a></p>
<p><b>Sheboygan Senior Community</b> 3505 County Road Y Sheboygan, WI 53083</p>	<p>Phone: 1-920-458-2137 Website: <a href="http://www.retiresheboygan.com">www.retiresheboygan.com</a></p>
<p><b>Sunny Ridge Health and Rehabilitation Center</b> 3014 Erie Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-3028 Website: <a href="http://www.sunnyridgehealth.org">www.sunnyridgehealth.org</a></p>
<p><b>Wisconsin Veterans Home at King</b> N2665 County Road QQ King, WI 54946 <i>(for Wisconsin Veterans and/or spouses)</i></p>	<p>Phone: 1-715-258-5586 Toll Free: 1-888-458-5586 Website: <a href="http://www.dva.state.wi.us">www.dva.state.wi.us</a></p>

## Nutrition/Home Delivered Meals

The following examples are ways meals are provided:

- Food Pantries—where an individual can receive grocery items
- Senior Dining Sites—where you can receive a prepared meal
- Home Delivered Meals—when pre-prepared meals are delivered to an individual's home

The above options for nutrition services can be obtained through local and county organizations as well as several church organizations in the county at a low cost, and many times at no cost at all. Services may be offered only to those eligible. Call the individual sites for details.

<b>Food Pantries</b>	
<p><b>Cedar Grove Area Food Pantry</b>                      Faith Reformed Church                      243 South Fourth Street                      Cedar Grove, WI 53013</p>	<p>Phone: 1-920-668-6725                      Second Thursday of the month                      4:30 to 6:30 p.m.</p>
<p><b>Falls Community Food Pantry</b>                      529 Giddings Avenue                      Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-4904                      Every Thursday                      9:00 to 11:00 a.m.                      May only attend once per month</p>
<p><b>Northside Christian Food Pantry</b>                      2133 North 22<sup>nd</sup> Street                      Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-7070 ext 117                      Every Thursday                      12:30 to 2:00 p.m.</p>
<p><b>Plymouth Food Pantry</b>  <u>St. Vincent de Paul</u>                      2225 Eastern Avenue                      Plymouth, WI 53073</p>	<p>Phone: 1-920-893-2989                      1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month                      9:00 a.m. to Noon &amp; 2:00 to 4:00 p.m.  <i>(or by appointment)</i>  <i>(not open to Sheboygan or Sheboygan Falls residents)</i></p>
<p><b>Random Lake Area Interfaith</b>                      310 Center Avenue                      Adell, WI 53001</p>	<p>Phone: 1-920-447-2293                      every Tuesday of the month                      9:00 to 11:30 a.m.                      second Tuesday of the month                      5:00 to 7:00 p.m.  <i>(must bring proof of residency)</i></p>



## Nutrition/Home Delivered Meals

### Food Pantries – continued

<p><b>Salvation Army</b> 710 Pennsylvania Avenue Sheboygan, WI 53081 <b>Mailing Address:</b> PO Box 1207 Sheboygan, WI 53082-1207</p>	<p>Phone: 1-920-458-3723 Website: <a href="http://www.sasheboygan.org">www.sasheboygan.org</a> <b>Food Pantry:</b> Monday - Friday 9:00 a.m. to 3:45 p.m. (by appt) 1<sup>st</sup>, 2<sup>nd</sup>, &amp; 3<sup>rd</sup> Wednesdays 4:30 to 6:00 p.m. <b>Office:</b> Monday through Friday 8:30 to Noon &amp; 1:00 to 4:30 p.m.</p>
<p><b>Sheboygan Food Pantry</b> 1946 North 15<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-452-4737 Open Monday through Friday 9:00 a.m. to 12:00 p.m. 3<sup>rd</sup> full week of each month</p>
<p><b>St. Luke United Methodist Church</b> 623 Ontario Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-3461 9:00 to 11:00 a.m. Last Thursday of each month</p>
<p><b>St. Mark's Lutheran Church</b> 1019 North 7th Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-4343 Open 10:00 to 11:30 a.m. 1<sup>st</sup> and 3<sup>rd</sup> Friday of each month Bring a photo ID and Utility bill with current address</p>
<p><b>St. Peter Claver Catholic Church</b> 1444 South 11th Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-457-9408 Open 9:00 to 10:30 a.m. 1<sup>st</sup> and 3<sup>rd</sup> Monday of each month</p>
<p><b>Wesley United Methodist Church</b> 823 Union Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-4889 Emergency food available anytime from Pastor</p>

### Farmer's Market

The Sheboygan County Farmer's Market vendors can accept WIC and Senior FMNP voucher for locally grown fresh fruit, vegetables, and herbs. For more information on the voucher program, please contact Sheboygan County Interfaith Organization at 1-920-457-7272 ext. 111



## Nutrition/Home Delivered Meals

### Farmer's Market - continued

<p><b>First Congregational Church</b> 310 Bluff Avenue Sheboygan, WI 53083</p>	<p>Phone: 1-920-457-7272 ext. 111 Website: <a href="http://www.sheboygancountyinterfaith.org">www.sheboygancountyinterfaith.org</a> November – May 1<sup>st</sup> and 3<sup>rd</sup> Saturdays 9:00 a.m. to 1:00 p.m.</p>
<p><b>Fountain Park</b> Corner of Erie Avenue and North 8<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-457-7272 ext. 111 Website: <a href="http://www.sheboygancountyinterfaith.org">www.sheboygancountyinterfaith.org</a> June – October Wednesdays 10:00 a.m. - 5:00 p.m. Saturdays 8:00 a.m. - 2:00 p.m.</p>
<p><b>Fairfield Plaza</b> 2133 Eastern Avenue Plymouth, WI 53073</p>	<p>Phone: 1-920-457-7272 ext. 111 Website: <a href="http://www.sheboygancountyinterfaith.org">www.sheboygancountyinterfaith.org</a> June – October Thursdays 12:00 p.m. to 5:30 p.m.</p>

### Sheboygan County Senior Dining Sites

**\*CALL FOR RESERVATIONS THE DAY AHEAD BEFORE NOON**

The following is a list of current nutrition sites in Sheboygan County. For an up-to-date list, or if you have any questions, please contact the Aging and Disability Resource Center of Sheboygan County at 1-920-467-4100.

<p><b>Adell Senior Dining Site</b> <u>Adell Senior Center</u> 510 Seifert Street Adell, WI 53001</p>	<p>Phone: 1-920-994-9934 Monday through Friday 10:00 a.m. to 2:00 p.m. Meal served at Noon</p>
<p><b>Cascade Senior Dining Site</b> <u>Cascade Village Hall</u> 301 Milwaukee Avenue Cascade, WI 53011</p>	<p>Phone: 1-920-994-9934 Toll Free: 1-800-596-1919 Mondays 10:00 a.m. to 1:00 p.m. Meal served at Noon</p>

## Nutrition/Home Delivered Meals

### Sheboygan County Senior Dining Sites - continued \*CALL FOR RESERVATIONS THE DAY AHEAD BEFORE NOON

<p><b>Cedar Grove Senior Dining Site</b>  <u>First Reformed Church</u>                  237 South Main Street                  Cedar Grove, WI 53013</p>	<p>Phone: 1-920-668-6863                  Mondays                  10:00 a.m. to 1:30 p.m.                  Meal served at 11:45 a.m.</p>
<p><b>Howards Grove Senior Dining Site</b>                  913 South Wisconsin Drive                  Howards Grove, WI 53083</p>	<p>Phone: 1-920-467-9042                  Tuesdays                  10:30 a.m. to 3:00 p.m.                  Meal served at Noon</p>
<p><b>Oostburg Senior Dining Site</b>  <u>Rich-Lean Apartments</u>                  115 North 15<sup>th</sup> Street                  Oostburg, WI 53070</p>	<p>Phone: 1-920-994-9934                  Wednesdays                  10:45 a.m. to 2:30 p.m.                  Meal served at 11:45 a.m.</p>
<p><b>Plymouth Senior Dining Site</b>  <u>Generations Building</u>                  1500 Douglas Drive, Suite C                  Plymouth, WI 53073</p>	<p>Phone: 1-920-892-4821                  Monday through Friday                  10:30 a.m. to 1:00 p.m.                  Meal served at Noon</p>
<p><b>Sheboygan Senior Dining Site</b>  <u>Bethany Reform Church</u>                  1315 Washington Avenue                  Sheboygan, WI 53081</p>	<p>Phone: 1-920-207-2522                  Monday through Friday                  10:00 a.m. to 1:30 p.m.                  Meal served at 11:45 a.m.</p>
<p><b>Sheboygan Falls Senior Dining Site</b>                  650 Forest Avenue                  Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-9042                  Monday through Friday                  10:30 a.m. to 1:00 p.m.                  Meal served at Noon</p>

### Food & Fellowship Meal

<p><b>Ceil's Meal</b>  <u>First Congregational Church</u>                  310 Bluff Avenue                  Sheboygan, WI 53081</p>	<p>Phone: 1-920-457-4818                  5<sup>th</sup> Saturday of the month                  9:30 – 10:30 a.m.</p>
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## Nutrition/Home Delivered Meals

### Food & Fellowship Meal - continued

<p><b>Community Meal &amp; Music</b>  <u>Wesley United Methodist Church</u>              823 Union Avenue              Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-4889              Meal: 5:00 p.m.              2<sup>nd</sup> Friday of each month</p>
<p><b>Emmaus Meals – Salvation Army</b>              710 Pennsylvania Avenue Sheboygan,              WI 53081</p>	<p>Phone: 1-920-458-3723              Hot meal every Saturday from              11:00 a.m. to 12:30 p.m.</p>
<p><b>First Hope Community Meal</b>  <u>Hope Reformed Church</u>              612 Ontario Avenue              Sheboygan, WI 53081</p>	<p>Phone: 1-920-452-5648              2<sup>nd</sup> Tuesday of each month              5:00 to 6:30 p.m.</p>
<p><b>Good Shepherd Community Meal</b>  <u>First Reformed Church of Sheboygan              Falls</u>              527 Giddings Avenue              Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-3251              4<sup>th</sup> Tuesday of each month              5:00 to 6:00 p.m.</p>
<p><b>New Day Meals</b>  <u>Bethany Church</u>              1315 Washington Avenue Sheboygan, WI              53081</p>	<p>Phone: 1-920-452-0051              Meal: 5:00 to 6:30 p.m.              3<sup>rd</sup> Tuesday of each month</p>
<p><b>St. Peter's Café</b>  <u>St. Peter Lutheran Church</u>              2104 Geele Avenue              Sheboygan, WI 53081</p>	<p>Phone: 1-920-452-4771              Meal: 5:30 to 6:30 p.m.              3<sup>rd</sup> Thursday of the month              Handicap accessible; all are welcome</p>
<p><b>The Christ's Meal</b>  <u>St. Luke United Methodist Church</u>              623 Ontario Avenue              Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-3461              Meal: 11:30 a.m. to 12:30 p.m.              2<sup>nd</sup> Thursday of each month</p>
<p><b>The Welcome Table</b>  <u>Redeemer Lutheran Church, ELCA</u>              1808 Eastern Avenue              Plymouth, WI 53073</p>	<p>Transportation Available Upon Request              Contact: Russ              Phone: 1-920-889-4660              Every Tuesday from 5:30-6:30pm</p>

## Nutrition/Home Delivered Meals

### Home Delivered Meals

<b>Fresh Meals on Wheels</b> 1004 South Taylor Drive Sheboygan, WI 53081	Phone: 1-920-451-7011 Website: <a href="http://www.freshmealsonwheels.org">www.freshmealsonwheels.org</a>
<b>Aging &amp; Disability Resource Center of Sheboygan County</b> 650 Forest Avenue Sheboygan Falls, WI 53085	Phone: 1-920-994-9934 Website : <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a> Serving Southern Sheboygan County
<b>Meals for Me!</b> W2194 Liberty Street Poy Sippi, WI 54967	Phone: 1-888-519-4115 Website: <a href="http://www.mealsforme.com">www.mealsforme.com</a>
<b>Mom's Meals</b> 3210 SE Corporate Woods Drive Ankeny, IA 50021	Phone: 1-866-716-3257 Website: <a href="http://www.momsmeals.com">www.momsmeals.com</a> Email: <a href="mailto:orders@momsmeals.com">orders@momsmeals.com</a>

## Personal Emergency Response Systems

Personal emergency response systems are 24-hour electronic monitoring systems that allow a person to contact help in time of need. The basic system consists of a button, often located on a pendant or wristband that sends a signal to a device connected to the telephone. When the button is pushed, the device calls a response center, which in turn, contacts someone that the senior has identified as an emergency responder. If the response center is not able to contact a responder, a rescue unit is contacted to go to the person's home. Some personal emergency response systems also have medication dispensers connected to them that remind an individual to take his/her medication. The dispenser can be used as a stand-alone unit or along with a personal emergency response system.

## Personal Emergency Response Systems

### Questions to Ask...

- What is the cost of the service?
- What features are available? Wellness checks, medication monitoring?
- Who answers the call?
- What happens if the button is pushed by mistake?

<b>Personal Emergency Response System</b>	
<p><b>Advanced Security Solutions</b> 2210 Pinehurst Drive Middleton, WI 53562</p>	<p>Toll Free: 1-888-860-8098 Website: <a href="http://www.lifeassistusa.com">www.lifeassistusa.com</a></p>
<p><b>Alzheimer’s Association: Comfort Zone</b> <i>(web-based service that works with a variety of location devices to monitor individuals with dementia)</i></p>	<p>Toll Free: 1-877-259-4850 Website: <a href="http://www.alz.org/comfortzone">www.alz.org/comfortzone</a></p>
<p><b>Comfort Keepers</b> 4509 South Taylor Drive Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-2806 Toll Free: 1-800-788-1078 Website: <a href="http://www.comfortkeepers.com">www.comfortkeepers.com</a></p>
<p><b>LIFELINE &amp; LINK-UP</b> <i>(Call your telephone service provider and ask to apply for Lifeline or Link-Up assistance – saves money on your phone bill if you are low income eligible.)</i></p>	<p>Phone: Call the phone number listed on your phone bill – your telephone service provider number</p> <p>For additional questions contact the Public Service Commission Phone: 1-800-225-7729 TTY: 1-800-251-8345 Website: <a href="http://psc.wi.gov">http://psc.wi.gov</a></p>

## Personal Emergency Response Systems

### Personal Emergency Response System - continued

<p><b>Medic Alert &amp; Safe Return Program</b>  <i>(live 24-hour response service for wandering and medical emergencies)</i></p>	<p>Phone: 1-888-572-8566            Phone: 1-920-467-4100 (<i>scholarships for eligible individuals</i>)            Website: <a href="http://www.medicalert.org/safereturn">www.medicalert.org/safereturn</a></p>
<p><b>Safe Living Technologies</b></p>	<p>Phone: 1-262-780-0848            Website: <a href="http://www.vricares.com">www.vricares.com</a></p>
<p><b>Simply Home</b>            P.O. Box 1155            Arden, North Carolina 28704</p>	<p>Phone: 1-877-684-3581            Website: <a href="http://www.simply-home.com">www.simply-home.com</a></p>
<p><b>Sheboygan County Division of Public Health</b>            1011 North 8<sup>th</sup> Street            Sheboygan, WI 53081  <i>(emergency preparedness information)</i></p>	<p>Phone: 1-920-459-4382            Toll Free: 1-800-596-1919            Website: <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a>            Email: <a href="mailto:publichealth@sheboygancounty.com">publichealth@sheboygancounty.com</a></p>
<p><b>St. Nicholas Lifeline – Home and Health Hospice</b>            3100 Superior Avenue            Sheboygan, WI 53081</p>	<p>Phone: 1-920-433-8550            Website: <a href="http://www.stnicholashospital.org">www.stnicholashospital.org</a>  <b>Contact:</b> Cheryl Gleiter</p>

## Recreation

### Book Mobile

<p><b>Services to City of Sheboygan &amp; Sheboygan County</b>            4632 South Taylor Drive Sheboygan, WI 53081</p>	<p>Phone: 1-920-208-4900, Ext. 315            Website: <a href="http://www.easternshoreslibs.org">www.easternshoreslibs.org</a></p>
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## Recreation

For information about library services to adults who are homebound, contact Mead Public Library at 1-920-459-3400 ext 3424. For individuals outside the city of Sheboygan, contact the library in your area for more information about this service.

<b>Libraries</b>	
<b>Cedar Grove Public Library</b> 131 Van Altona Avenue Cedar Grove, WI 53013	Phone: 1-920-668-6834 Website: <a href="http://www.cedargrovelibrary.net">www.cedargrovelibrary.net</a>
<b>Elkhart Lake Public Library</b> 40 Pine Street Elkhart Lake, WI 53020	Phone: 1-920-876-2554 Website: <a href="http://www.elkhartlakepubliclibrary.org">www.elkhartlakepubliclibrary.org</a>
<b>Kohler Public Library</b> 333 Upper Road Kohler, WI 53044	Phone: 1-920-459-2923 Website: <a href="http://www.kohlerpubliclibrary.org">www.kohlerpubliclibrary.org</a>
<b>Lakeview Community Library</b> 112 Butler Street Random Lake, WI 53075	Phone: 1-920-994-4825 Website: <a href="http://www.lakeviewcommunitylibrary.org">www.lakeviewcommunitylibrary.org</a>
<b>Mead Public Library</b> 710 North 8 <sup>th</sup> Street Sheboygan, WI 53081	Phone: 1-920-459-3400 Website: <a href="http://www.meadpl.org">www.meadpl.org</a>
<b>Oostburg Public Library</b> 213 North 8 <sup>th</sup> Street Oostburg, WI 53070	Phone: 1-920-564-2934 Website: <a href="http://www.oostburglibrary.org">www.oostburglibrary.org</a>
<b>Plymouth Public Library</b> 130 Division Street Plymouth, WI 53073	Phone: 1-920-892-4416 Website: <a href="http://www.plymouthpubliclibrary.net">www.plymouthpubliclibrary.net</a>
<b>Sheboygan Falls Memorial Library</b> 330 Buffalo Street Sheboygan Falls, WI 53085	Phone: 1-920-467-7908 Website: <a href="http://www.sheboyganfallslibrary.org">www.sheboyganfallslibrary.org</a>

## Recreation

### Recreation Departments

<p><b>Plymouth Community Education &amp; Recreation</b> 125 Highland Avenue Plymouth, WI 53073</p>	<p>Phone: 1-920-892-5068 Website: <a href="http://www.plymouth.k12.wi.us/schools/com/index.html">www.plymouth.k12.wi.us/schools/com/index.html</a></p>
<p><b>Sheboygan Recreation</b> 607 South Water Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-3773 Website: <a href="http://www.sheboyganrec.com">www.sheboyganrec.com</a></p>
<p><b>Sheboygan Falls Recreation</b> 220 Amherst Avenue Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-7827 Website: <a href="http://www.sheboyganfalls.k12.wi.us/recdept">www.sheboyganfalls.k12.wi.us/recdept</a></p>

### YMCA

<p><b>Sheboygan YMCA</b> 812 Broughton Drive Sheboygan, WI 53081</p>	<p>Phone: 1-920-451-8000, Website: <a href="http://www.sheboygancountyyymca.org">www.sheboygancountyyymca.org</a></p>
<p><b>Sheboygan Falls YMCA</b> 305 Buffalo Street Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-2464 Website: <a href="http://www.sheboygancountyyymca.org">www.sheboygancountyyymca.org</a></p>

### Other Recreational Opportunities

<p><b>Camp Evergreen</b> 2776 North 31<sup>st</sup> Place Sheboygan, WI 53083 <i>(Serving individuals with a developmental disability)</i></p>	<p>Phone: 1-920-452-4221 Website: <a href="http://www.campevergreen1926.org">www.campevergreen1926.org</a></p>
<p><b>Department of Natural Resources Open the Outdoors</b> Information on accessing outdoor recreation opportunities for people with disabilities.</p>	<p>Phone: 1-608-267-7490 Website: <a href="http://dnr.wi.gov/topic/openoutdoors/">http://dnr.wi.gov/topic/openoutdoors/</a></p>



## Recreation

### Other Recreational Opportunities - continued

<p><b>Heaven's Gait Ranch</b>            940 South Main St.            Cedar Grove, WI 53013  <i>(Offers equine-assisted activities and therapies)</i></p>	<p>Phone: 1-920-400-0628            Website: <a href="http://www.heavensgaitranch.org">www.heavensgaitranch.org</a></p>
<p><b>Nu Dawn Club</b>            Sheboygan Recreation Dept.            607 South Water Street            Sheboygan, WI 53081  <i>(Serving individuals with a developmental disability)</i></p>	<p>Phone: 1-920-459-3773            Website: <a href="http://www.sheboyganrec.com">www.sheboyganrec.com</a></p>
<p><b>Open Door Drop-In Center</b>            817 North 8th Street            Sheboygan, WI 53081  <i>(Serving individuals with a chronic mental illness)</i></p>	<p>Phone: 1-920-783-6801            Monday, Wednesday, Friday            9:00 a.m. to 5:00 p.m.            Website: <a href="http://www.mhasheboygan.org">www.mhasheboygan.org</a>  <i>(see website for special events)</i></p>
<p><b>RCS Empowers, Inc.</b>            1607 Geele Avenue            Sheboygan, WI 53083</p>	<p>Phone: 1-920-458-8261 ext. 1288            Website: <a href="http://www.rcsempowers.com">www.rcsempowers.com</a>            Email: <a href="mailto:recgroup@rcsempowers.com">recgroup@rcsempowers.com</a></p>
<p><b>REINS, Inc.</b>            PO Box 724            Sheboygan, WI 53082-0724</p>	<p>Phone: 1-920-946-8599            Website: <a href="http://www.reins-wi.org">www.reins-wi.org</a>            Email: <a href="mailto:reinsboard@gmail.com">reinsboard@gmail.com</a></p>
<p><b>Special Olympics Wisconsin</b>  <i>(Northeastern Area-Green Bay office serves Sheboygan)</i>            2140 Holmgren Way            Green Bay, WI 54304</p>	<p>Phone: 1-920-497-2422            Website: <a href="http://www.specialolympicswisconsin.org">www.specialolympicswisconsin.org</a></p>

## Residential/Assisted Living Facilities

Assisted living is a generic term that includes Community Based Residential Facilities (CBRFs) and Residential Care Apartment Complexes (RCACs). CBRFs are state licensed group homes for five or more unrelated adults that provide care and supervision in a home-like environment.

Residential Care Apartment Complexes (RCACs) are registered with the State and consist of separate apartments with kitchen, bathroom and living areas. The apartments can range from an efficiency-style apartment to a full-scale two-bedroom or more apartment.

### Questions to Ask...

- How do residents pay for their care and services?
- What services are provided and is there an extra fee for these services above room and board?
- Does the facility accommodate special diet orders?
- Does the facility accept residents with specific needs for incontinence or insulin injections?
- Does the facility have a copy of its most recent review by the Bureau of Quality Assurance?
- Does the facility have safety devices or alarms on the doors to the outside?

The Alzheimer's Association of Southeastern Wisconsin sent a Memory Care survey to define the level of care for persons with dementia to all Assisted Living and Skilled Nursing facilities. If you are seeking a residential placement for someone with Alzheimer's Disease or other related dementia, you may find results from facilities that completed and returned the survey by contacting the Alzheimer's Association at 1-800-272-3900.

The State of Wisconsin Department of Health and Family Services has information regarding assisted living facilities by county on its website. The website address is listed below.

## Residential/Assisted Living Facilities

To find updated information on any violations at a facility, you may contact the Wisconsin Bureau of Quality Assurance, Northeastern Regional Office, at 920-448-5255 or check the website:

<http://dhfs.wisconsin.gov/bqaconsumer/AssistedLiving/>

### Community Based Residential Facilities Serving the Elderly in Sheboygan County

<p><b>Anitas Garden of Plymouth</b> 1900 Arbor View Drive Plymouth, WI 53073</p>	<p>Phone: 1-920-893-4200 Website: <a href="http://www.anitasgardens.com">www.anitasgardens.com</a></p>
<p><b>Azura Memory Care</b> 2629 Indiana Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-452-7171 Tour Request: 1-920-342-2869 Website: <a href="http://www.azuramemory.com">www.azuramemory.com</a></p>
<p><b>Azura Memory Care East</b> 2611 Indiana Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-452-7171 Tour Request: 1-920-342-2869 Website: <a href="http://www.azuramemory.com">www.azuramemory.com</a></p>
<p><b>Beachwood Rest Home Inc.</b> N1495 West Hwy. A Kewaskum, WI 53040</p>	<p>Phone: 1-262-626-4258</p>
<p><b>Cedar Grove Gardens</b> 606 Van Alton Avenue Cedar Grove, WI 53013</p>	<p>Phone: 1-920-668-6400 Website: <a href="http://www.cedargrovegardensassistedliving.com">www.cedargrovegardensassistedliving.com</a> Email: <a href="mailto:cedargrovegardens1@hotmail.com">cedargrovegardens1@hotmail.com</a></p>
<p><b>Cedar Grove Gardens II</b> 626 Van Alton Avenue Cedar Grove, WI 53013</p>	<p>Phone: 1-920-668-8600 Website: <a href="http://www.cedargrovegardensassistedliving.com">www.cedargrovegardensassistedliving.com</a> Email: <a href="mailto:cedargrovegardens1@hotmail.com">cedargrovegardens1@hotmail.com</a></p>
<p><b>Countryside Manor East</b> 4221 Kadlec Drive Sheboygan, WI 53083</p>	<p>Phone: 1-920-452-2229 Website: <a href="http://www.seniorlifestyle.com">www.seniorlifestyle.com</a></p>
<p><b>Countryside Manor West</b> 4228 Kadlec Drive Sheboygan, WI 53083</p>	<p>Phone: 1-920-452-2229 Website: <a href="http://www.seniorlifestyle.com">www.seniorlifestyle.com</a></p>

## Residential/Assisted Living Facilities

### Community Based Residential Facilities Serving the Elderly in Sheboygan County - continued

<p><b>Gables on the Pond</b> 305 Spring Street Random Lake, WI 53075</p>	<p>Phone: 1-920-994-8304 Website: <a href="http://www.gablesonthepond.com">www.gablesonthepond.com</a></p>
<p><b>Gables on the Pond-II</b> 305A Spring Street Random Lake, WI 53075</p>	<p>Phone: 1-920-994-8304 Website: <a href="http://www.gablesonthepond.com">www.gablesonthepond.com</a></p>
<p><b>Gables of Waldo</b> 1102 West First Street Waldo, WI 53093</p>	<p>Phone: 1-920-528-8800 Website: <a href="http://www.gablesonthepond.com">www.gablesonthepond.com</a></p>
<p><b>Harvest Home – Bancroft House</b> 2005 Appletree Road Howards Grove, WI 53083</p>	<p>Phone: 1-920-550-3021 Website: <a href="http://www.harvesthomewi.com">www.harvesthomewi.com</a> Email: <a href="mailto:bpahmeier@harvesthomewi.com">bpahmeier@harvesthomewi.com</a></p>
<p><b>Harvest Home – Braeburn House</b> 2003 Appletree Road Howards Grove, WI 53083</p>	<p>Phone: 1-920-550-3018 Website: <a href="http://www.harvesthomewi.com">www.harvesthomewi.com</a> Email: <a href="mailto:bpahmeier@harvesthomewi.com">bpahmeier@harvesthomewi.com</a></p>
<p><b>Hometown Retirement</b> 920 North 26th Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-452-5554 Website: <a href="http://www.hometownretirement.com">www.hometownretirement.com</a> Email: <a href="mailto:hometownretirement@ymail.com">hometownretirement@ymail.com</a></p>
<p><b>Kindred Hearts</b> 112 South River Boulevard Plymouth, WI 53073</p>	<p>Phone: 1-920-893-8334 Website: <a href="http://www.khearts.com">www.khearts.com</a></p>
<p><b>Pine Haven Christian Communities–Giddings Avenue Campus</b> 531 Giddings Avenue Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-2401 Website: <a href="http://www.pinehaven.org">www.pinehaven.org</a></p>
<p><b>Pine Haven Christian Communities–Haven Drive Campus</b> 220 Haven Drive Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-2401 Website: <a href="http://www.pinehaven.org">www.pinehaven.org</a></p>

## Residential/Assisted Living Facilities

### Community Based Residential Facilities Serving the Elderly in Sheboygan County - continued

<p><b>Pine Haven Christian Communities-Pine Drive Campus</b> 701 Pine Drive Oostburg, WI 53070</p>	<p>Phone: 1-920-564-6800 Website: <a href="http://www.pinehaven.org">www.pinehaven.org</a></p>
<p><b>Platinum Communities Golden Harbor</b> 505 South Water Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-451-6923 Website: <a href="http://www.pt-78.com">www.pt-78.com</a></p>
<p><b>Sheboygan Senior Community (Willow Lane)</b> 3505 County Road Y Sheboygan, WI 53083</p>	<p>Phone: 1-920-458-2137 Website: <a href="http://www.retiresheboygan.com">www.retiresheboygan.com</a></p>
<p><b>Shores of Sheboygan-East</b> 3315 Superior Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-457-4000 Website: <a href="http://www.ensigngroup.net">www.ensigngroup.net</a></p>
<p><b>Shores of Sheboygan-West</b> 3319 Superior Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-457-4036 Website: <a href="http://www.ensigngroup.net">www.ensigngroup.net</a></p>
<p><b>The Waterford at Plymouth</b> 2586 Valley Road Plymouth, WI 53073</p>	<p>Phone: 1-920-892-4635 Website: <a href="http://www.capitalseior.com/waterfordatplymouth">www.capitalseior.com/waterfordatplymouth</a></p>
<p><b>Woodland Manor</b> 851 Fond du Lac Avenue Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-6270</p>

## Residential/Assisted Living Facilities

### Residential Care Apartment Complex Serving the Elderly

<p><b>Cedar Bay Assisted Living at Cedar Landing</b> 101 Cedar Lane Elkhart Lake, WI 53020</p>	<p>Phone: 1-920-876-4050 Website: <a href="http://www.cedarlanding.org">www.cedarlanding.org</a></p>
<p><b>Prairie Crossing</b> 1280 Pine Haven Lane Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-2400 Website: <a href="http://www.pinehaven.org">www.pinehaven.org</a></p>
<p><b>Terrace Place</b> 1231 Eisner Avenue Sheboygan, WI 53083</p>	<p>Phone: 1-920-476-1255 Website: <a href="http://www.enlivant.com">www.enlivant.com</a></p>

The following organizations provide residential services to people with disabilities. These organizations may operate adult family homes, community-based residential facilities, and supervised apartment settings. The local offices of the organizations can be contacted for information regarding openings and program availability.

### Residential Programs Serving People with Disabilities

<p><b>The Abode Mental Health Services</b> 503 Ontario Ave. Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-5205 Website: <a href="http://www.abodesheboygan.org">www.abodesheboygan.org</a></p>
<p><b>Dungarvin WI</b> 2802 Coho Street, Suite 101 Madison, WI 53713</p>	<p>Phone: 1-608-316-7666 Website: <a href="http://www.dungarvin.com">www.dungarvin.com</a> Email: <a href="mailto:info@dungarvin.com">info@dungarvin.com</a></p>
<p><b>Homes for Independent Living of Wisconsin, LLC</b> 1201 Michigan Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-9554 ext 201 Website: <a href="http://www.hil-wi.com">www.hil-wi.com</a> Email: <a href="mailto:michele.wangemann@hil-wi.com">michele.wangemann@hil-wi.com</a></p>
<p><b>Newer Beginnings</b> 1226 North 8<sup>th</sup> Street, Suite 101 Sheboygan, WI 53081</p>	<p>Phone: 1-920-208-1600 Website: <a href="http://www.newerbeginnings.org">www.newerbeginnings.org</a></p>

## Residential/Assisted Living Facilities

### Residential Programs Serving People with Disabilities - continued

<b>Our Home Christian Ministries</b> P.O. Box 700065 Oostburg, WI 53070	Phone: 1-920-564-6933
<b>Our Place Mental Health Services</b> 1117 Clara Avenue Sheboygan, WI 53081	Phone: 1-920-459-8287 Email: <a href="mailto:pam.tegrotenhuis@yahoo.com">pam.tegrotenhuis@yahoo.com</a>
<b>TLC Homes, Inc.</b> 633 St. Clair Avenue Sheboygan, WI 53081	Phone: 1-920-457-0826 Website: <a href="http://www.tlchomes.net">www.tlchomes.net</a>
<b>Total Care Group</b> 127 North Franklin Street, Suite 206 Port Washington, WI 53074	Phone: 1-877-747-8672 Website: <a href="http://tcghomes.net">tcghomes.net</a>

## Respite

Respite is a program or service that is designed to provide family members or primary caregivers with some “time off” from their care giving duties. Another family member, friend, agency, CBRF, or skilled nursing facility can also provide respite.

### Questions to Ask...

- Is respite provided in the person’s home or does the person have to go to the respite provider?
- What is the charge?
- Is respite available for overnight, weekends, or longer?
- Are there programs available to help fund respite?

### Respite Care Providers and/or Programs

<p><b>Adult Day Programs</b>  <b>Home Health Care Providers</b>  <b>Nursing Homes</b>  <b>Community Based Residential Facilities (CBRF)</b>  <b>Residential Care Apartment Complexes</b></p>	<p>Please contact providers listed in these areas to see if they also provide respite care.</p>
<p><b>Aging &amp; Disability Resource Center of Sheboygan County</b> -  <i>National Family Caregiver Support Program (NFCSP) and Alzheimer’s Family Caregiver Support Program (AFCSP)</i>          650 Forest Avenue          Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-4100          Toll Free: 1-800-596-1919          Website : <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a></p>



## Respite

### Respite Care Providers and/or Programs - continued

<p><b>Respite Care Grant American Parkinson Disease Association</b> P.O. Box 7513 Madison, WI 53715 <i>(for eligible individuals diagnosed with Parkinson's Disease)</i></p>	<p>Phone: 1-608-229-7628 Website: <a href="http://www.wichapterapda.org">www.wichapterapda.org</a> E-mail: <a href="mailto:parkinson_assn@ssmhc.com">parkinson_assn@ssmhc.com</a></p>
<p><b>Respite Care Association of Wisconsin</b> 6320 Monona Drive, Suite 407 Madison, WI 53716 <i>(registry of trained caregivers in Wisconsin willing to provide private respite care)</i></p>	<p>Phone: 1-608-222-2033 Website: <a href="http://www.respitecarewi.org">www.respitecarewi.org</a></p>
<p><b>Share the Care</b> <i>(a program to assist families to create a natural support system for a person with a serious chronic health condition)</i></p>	<p>Contact: Jane Jensen <i>UW-Extension Sheboygan County/Family Living and Family Caregivers Coalition of Sheboygan County</i> Phone: 1-920-459-5900 Website: <a href="http://www.sharethecare.org">www.sharethecare.org</a></p>
<p><b>Veteran Benefit Services</b> VA provides respite services to help with veteran's care at home – veterans must be receiving health care at the VA to be enrolled.</p>	<p>If you are receiving health care through the VA, contact: 1-877-693-5699 ext 43124 <i>(Cleveland VA)</i> If you are not receiving health care at the VA, but want to be enrolled, contact: 1-920-459-3053 <i>(County Veterans Service Officer)</i> or 1-888-469-6614 ext 41994 <i>(Zablocki VAMC Admissions Office)</i> ask for 1010EZ Application for Health Care Benefits</p>

## Senior Centers

The Senior Centers in Sheboygan County are open to all people age 55 and older. Senior Centers provide opportunities for education, social events, recreation, volunteering, counseling, mentoring, and resource and referral.

Examples of some of the educational opportunities include workshops on ceramics and other crafts, library services-including large print books and books on tape or CD, tax preparation, financial planning, volunteer opportunities, and guest speakers on various issues of importance, including benefits, financial planning, health, and governmental issues.

Examples of recreational activities include card playing and lessons, dart ball, bingo, tating, movies, intergenerational activities, dominos, billiards, table tennis, computers, and TV series production.

Examples of health and wellness programs include exercise classes, walking programs, yoga, blood pressure screenings, flu vaccinations, foot care, hearing aid services, swimming, water exercise, Sittercise, Body Recall, line dancing, Health Hikers, and Tai Chi.

Please contact the local senior center for more specific information about programs and services available.

### *Questions to Ask...*

- Is there a charge to attend the senior center?
- Is the facility accessible?
- If my spouse is younger than 55, can he/she accompany me to senior center events?

## Senior Centers

### Senior Centers- continued

<p><b>Plymouth Adult Community Center</b> 1500 Douglas Drive, Suite C Plymouth, WI 53073</p>	<p>Phone: 1-920-892-4821 Website: <a href="http://www.plymouthgov.com/seniorcenter">www.plymouthgov.com/seniorcenter</a></p>
<p><b>Senior Activity Center of Sheboygan</b> 428 Wisconsin Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-3290 Website: <a href="http://www.sheboyganseniorcenter.com">www.sheboyganseniorcenter.com</a></p>

## Support Groups

Support groups provide a valuable service to individuals, their families, and/or caregivers. They can provide information, recreation and advocacy as well as support. The following is a list of support groups that is current as of the revision date noted. New groups continue to form. For an up to date list, please contact the Aging and Disability Resource Center at 1-920-459-3095.

### Support Groups

<p><b>Alcoholics Anonymous Hotline</b> <i>(referral to open meetings in Sheboygan County)</i></p>	<p>Phone: 1-800-355-7318 Website: <a href="http://www.area75.org">www.area75.org</a></p>
<p><b>Alcoholics Anonymous/Alanon Right Way Club</b> <i>(open for meetings only)</i></p>	<p>Phone: 1-920-452-3375</p>
<p><b>Alcoholics Anonymous/Alanon 1907 Club</b> 2908 North 21<sup>st</sup> Street Sheboygan, WI 53083 <i>(local club open daily 9:00 am to 9:00 pm)</i></p>	<p>Phone: 1-920-457-9633</p>

## Support Groups

### Support Groups - continued

<p><b>Alzheimer's Association Support Group</b>          For the Caregiver of Someone with Memory Loss  <b>Aging &amp; Disability Resource Center</b>          650 Forest Avenue          Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-4100          Contact: Christine Jeske          4<sup>th</sup> Tuesday of the month          5:15-7:15 pm</p>
<p><b>Alzheimer's Association Support Group</b>          For the Caregiver of Someone with Memory Loss  <b>Christian Life Church</b>, Room 6          933 Krumrey Street          Plymouth, WI 53073</p>	<p>Phone: 1-920-838-1311          Contact: Ginny Nyhuis          Meets the 2<sup>nd</sup> Tuesday monthly          5:30-7:00 pm</p>
<p><b>Alzheimer's Association Support Group</b>          For the Caregiver of Someone with Memory Loss          "Just for Men" Support Group  <b>Memorial Library</b>, Lower Level Meeting Room          330 Buffalo Street          Sheboygan Falls, WI 53085</p>	<p>Phone: 1-757-903-6408          Contact: Jim Holmes          E-mail: <a href="mailto:jim_h_73003@yahoo.com">jim_h_73003@yahoo.com</a>          Meets 2<sup>nd</sup> Wednesday monthly          6:30-8:00 pm</p>
<p><b>Alzheimer's Association</b>          Memory Café  <b>Generations</b>          1500 Douglas Drive          Plymouth, WI 53073  <i>(social group for individuals with mild cognitive impairment or early to moderate Alzheimer's or other types of dementia and their care partner)</i></p>	<p>Phone: 1-920-838-1311          Contact: Ginny Nyhuis          1<sup>st</sup> Wednesday monthly          2:30-4:00 pm</p>

## Support Groups

### Support Groups - continued

<p><b>American Association of Retired Persons</b></p>	<p>Phone: 1-920-467-6634 Contact: Carol Zoran</p>
<p><b>Amputee Support Group</b> Perkins Restaurant 3627 Washington Ave Sheboygan, WI 53081</p>	<p>Time: 2:00-3:00 When: 2<sup>nd</sup> Wednesday of each month</p>
<p><b>Au-some! Social &amp; Support Group of Sheboygan County</b> <i>(Parents, siblings, caregivers, grandparents, and friends of individuals with a diagnosis of Autism)</i></p>	<p>Phone: 1-920-838-1368 Contact: Tina Ernst Email: <a href="mailto:tbaaernst@juno.com">tbaaernst@juno.com</a> Phone: 1-920-889-3207 Contact: Travis Wick Email: <a href="mailto:traviswick@yahoo.com">traviswick@yahoo.com</a></p>
<p><b>Bariatric Support Group Aurora Sheboygan Memorial Medical Center</b> 2629 North 7<sup>th</sup> Street Sheboygan, WI 53083 First Floor Quality Conference Room</p>	<p>Phone: 1-920-459-1164 Contact: Ann Deerdorff Website: <a href="http://www.aurorahealthcare.org">www.aurorahealthcare.org</a> 3<sup>rd</sup> Wednesday of each month 5:30 p.m. to 7:00 pm</p>
<p><b>Caregiver Friends</b> General Family Caregiver Support Group <i>(for caregivers only)</i> <b>Aging &amp; Disability Resource Center of Sheboygan County</b> 650 Forest Avenue Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-4100 <i>(Aging &amp; Disability Resource Center)</i> Phone: 1-920-459-5900 <i>(UW-Extension Sheboygan County/Family Living)</i> 2<sup>nd</sup> Tuesday of the month <i>(except for December)</i> 1:30-3:00 pm</p>
<p><b>Celebrate Recovery</b> <i>(all addictions &amp; hurts, habits &amp; hang-ups)</i> <b>Bethany Reformed Church</b> 1315 Washington Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-452-0051 ext. 16 Mondays 6:30 pm</p>

## Support Groups

### Support Groups - continued

<p><b>Celiac Connections</b>  <b>Trinity Lutheran Ministry</b>            904 North 9<sup>th</sup> Street            Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-2790            Contact: Connie            Email: <a href="mailto:cjknop@charter.net">cjknop@charter.net</a></p>
<p><b>Compassionate Parents</b>  <i>(Support Group for Parents of any age grieving the loss of a child)</i>  <b>Open Door</b>            817 North 8<sup>th</sup> Street            Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-3951            Website: <a href="http://www.mhasheboygan.org">www.mhasheboygan.org</a>            2nd Monday of the month            6:30 pm</p>
<p><b>Cup of Feelings Support Group</b>  <b>Sharon S. Richardson Community Hospice</b>            W2850 State Road 28            Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-1800            Contact Person: Marianne Brandt            Every 1<sup>st</sup> Tuesday of each month            4:00-5:30 pm (<i>ages 6-11 years old</i>)            Every 2<sup>nd</sup> Thursday of each month            4:00-5:30 pm (<i>ages 12-18 years old</i>)</p>
<p><b>Cup of Hope-Grief Support &amp; Information Group</b>  <b>Sharon S. Richardson Community Hospice</b>            W2850 State Road 28            Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-1800            Contact: Marianne Brandt            4th Wednesday of each month            10:30 am to 12:00 pm and            3<sup>rd</sup> Thursday of each month            6:00 to 7:30 pm</p>
<p><b>Diabetes Care Center Support Groups</b>            Aurora Sites in Sheboygan &amp; Plymouth</p>	<p>Phone: 1-920-459-1164            Contact: Ann Deerdorff            Website: <a href="http://www.aurorahealthcare.org">www.aurorahealthcare.org</a></p>

## Support Groups

### Support Groups - continued

<p><b>GI Colitis Crohn's Support Group</b>  <b><i>Baymont Inn Plymouth</i></b>          678 Walton Drive          Plymouth, WI 53703</p>	<p>Phone: 1-414-630-4775          Contact: Loree Shriver          Meets 3<sup>rd</sup> Wednesday monthly          6:30 pm</p>
<p><b>Grief Support Group</b>  <b><i>St. Nicholas Hospital</i></b>          Bonaventure Room          3100 Superior Avenue          Sheboygan, WI 53081</p>	<p>Phone: 1-920-451-7265          Contact: Kathy Reid          1st and 3rd Thursday of each month          9:30-10:30 am</p>
<p><b>Health &amp; Hope Depression Support Group</b>          915 North 9<sup>th</sup> Street          Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-3951          Website: <a href="http://www.mhasheboygan.org">www.mhasheboygan.org</a></p>
<p><b>Hearthstone of Wisconsin, Inc.</b>  <i>(Adults with developmental disabilities and their families)</i>          PO Box 1444          Sheboygan, WI 53082-1444</p>	<p>Phone: 1-920-316-2236          Website: <a href="http://www.hearthstonewi.org">www.hearthstonewi.org</a></p>
<p><b>Living Better with COPD Support Group</b>  <b><i>Lutheran Church of Our Redeemer</i></b>          3027 Wilgus Avenue          Sheboygan, WI 53081</p>	<p>Phone: 1-920-457-7320 or          1-920-458-3211          Contact: Marilyn Englebert or          Ted Dekker          Last Wednesday of each month          1:00 pm  <i>(no meeting December)</i></p>
<p><b>Living Beyond Prostate Cancer</b>  <i>(2<sup>nd</sup> floor conference room)</i>          1621 N. Taylor Drive          Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-4618          Contact: Patient Navigator, St. Nicholas Hospital          2<sup>nd</sup> Monday every other month from 7:00-8:00 pm starting in February</p>



## Support Groups

### Support Groups - continued

<p><b>Look Good...Feel Better</b>  <b>St. Nicholas Hospital – Medical Specialties Building</b>  <i>Second Floor Classroom</i>          1621 North Taylor Drive          Sheboygan, WI 53081  <i>(for women who are currently undergoing treatment for a cancer diagnosis)</i></p>	<p>Phone: 1-920-459-4618          Contact: Patient Navigator,          St. Nicholas Hospital</p>
<p><b>Low Vision Support Group</b>  <b>Sheboygan Senior Activity Center</b>          428 Wisconsin Avenue          Sheboygan, WI 53081</p>	<p>Phone: 1-920-564-2668          Contact: Carolyn Neerhof          4<sup>th</sup> Thursday of each month          1:00 pm  <i>(Except for January and August)</i></p>
<p><b>Miracle Point Brain Injury Society</b>  <b>St. Nicholas Hospital</b>          Francis Room          3100 Superior Avenue          Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-4628          Contact: Amber Slaby          Website: <a href="http://www.stnicholashospital.org">www.stnicholashospital.org</a>          1<sup>st</sup> Monday of each month          6:30 pm <i>(September through May)</i></p>
<p><b>Multiple Sclerosis (MS) Support Group</b>  <b>Aurora Regional Conference Center</b>          Chinook Room          2414 Kohler Memorial Drive          Sheboygan, WI 53081</p>	<p>Phone: 1-920-693-8679          Contact: Dawn Kelm          3<sup>rd</sup> Monday of each month          5:00 pm  <i>(no meeting December or January)</i></p>



## Support Groups

### Support Groups - continued

<p><b>Narcotics Anonymous</b></p> <p><u>Hope Church</u> 1014 North 6<sup>th</sup> Street Sheboygan, WI 53081</p> <p><u>Memorial Hospital</u> 2629 North 7<sup>th</sup> Street Sheboygan, WI 53081</p> <p><u>Saint Peter Lutheran Church</u> 2104 Geele Avenue Sheboygan, WI 53083</p> <p><u>Rightway Club</u> 4627 South 12<sup>th</sup> Street Sheboygan, WI 53081</p>	<p>Phone: 1-800-240-0276 Website: <a href="http://www.na.org">www.na.org</a></p> <p>Mondays and Wednesdays 7:00 pm</p> <p>Fridays 7:00 pm</p> <p>Tuesdays 7:00 pm</p> <p>Thursdays 10:00 am</p>
<p><b>Parkinson's Support Group</b> <i>(Education and support for persons with Parkinson's disease, caregivers, and friends)</i></p> <p><b>Manitowoc Senior Center</b> 3330 Custard Street Manitowoc, WI 54220</p>	<p>Phone: 1-920-726-4626 Contact: Vicky Rathsack</p>
<p><b>Safe Harbor</b> <i>(Domestic violence and sexual assault support group)</i></p> <p>929 Niagara Avenue Sheboygan, WI 53081-3923</p>	<p>Phone: 920-452-7640 Support groups offered weekly-call for information</p>
<p><b>Senior Widows</b> <i>(Meets at various restaurants)</i></p>	<p>Phone: 1-920-452-3022 Contact: Carol Pantel 2<sup>nd</sup> Sunday of each month at 11:30 am</p>

## Support Groups

### Support Groups - continued

<p><b>Suicide Loss Support Group</b>  <b>Mental Health America</b>            915 North 7<sup>th</sup> Street            Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-3951            Website: <a href="http://www.mhasheboygan.org">www.mhasheboygan.org</a>            Last Monday of the month            7:00 pm</p>
<p><b>Together we Live with Cancer (TLC)</b>  <b>Matthews Oncology Associates</b>            1621 North Taylor Drive            Sheboygan, WI 53081</p>	<p>Phone: 1-920-458-7433            Contact: Tim Renzelmann            Website: <a href="http://www.moa-scbs.com">www.moa-scbs.com</a>            3<sup>rd</sup> Tuesday            6:00 pm</p>
<p><b>Us Too – Sheboygan County Prostate Cancer Support Group</b>  <b>Vince Lombardi Cancer Clinic</b>            Lower Level Conference Room            1222 North 23<sup>rd</sup> Street            Sheboygan, WI 53081</p>	<p>Phone: 1-920-457-6800 ext. 2686            Contact: Jeff Shea            Email: <a href="mailto:jeff.shea@aurora.org">jeff.shea@aurora.org</a>            3<sup>rd</sup> Wednesday every other month starting in January            6:30 pm to 8:00 pm</p>
<p><b>Vince Lombardi Cancer Clinic</b>            I Love Someone with Cancer (<i>caregivers</i>)            Touched by Cancer (<i>survivor</i>)  <b>Sheboygan Aurora Clinic</b>            East Building/Chinook Room            2414 Kohler Memorial Drive            Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-1116            2<sup>nd</sup> Thursday            6:00 pm</p>
<p><b>Women Heart of Sheboygan County</b>  <b>Memorial Medical Center</b>            2731 North 7<sup>th</sup> Street            Conference Room C            Sheboygan, WI 53083</p>	<p>Phone: 1-920-912-7890            Contact: Eileen Dreczka            4<sup>th</sup> Thursday of each month            6:30 pm</p>

## Transportation

There are several transportation providers available in Sheboygan County ranging from ambulance service to taxi. Please contact the individual providers to determine who will best serve you.

### Questions to Ask...

- Is the transportation provider able to accommodate your special needs?
- What does the transportation provider charge?
- Are there extra charges for mileage, attendant, weekend or evening travel?
- Is there any paperwork or medical documentation required?
- Do the rides need to be scheduled in advance?

### Emergency Medical Transportation

<p><b>Orange Cross Ambulance</b> (<i>covers Plymouth and Western area of Sheboygan County</i>)</p> <p><b>Sheboygan Fire Department</b> (<i>city of Sheboygan only</i>)</p> <p><b>Oostburg Ambulance</b></p> <p><b>Random Lake Ambulance</b></p>	<p>Phone: 1-920-694-0347 or 911</p> <p>Phone: 1-920-459-3322 or 911</p> <p>Phone: 911</p> <p>Phone: 911</p>
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### Non-Emergency Medicaid Reimbursed Medical Transportation

<p><b>Medical Transportation Management, Inc. (MTM)</b>  <i>(Non-emergency medical transportation for Wisconsin Medicaid (NOT Family Care members)</i>                  Call at least two days in advance to determine eligibility or to make a reservation for rides.</p>	<p>Toll Free Routine Ride Reservations: 1-866-907-1493</p> <p>Toll Free "Where's My Ride" 1-866-907-1494</p> <p>Toll Free Deaf or Hearing Impaired: 1-800-855-2880</p> <p>Toll Free "We Care" Ride Concerns: 1-866-436-0457</p> <p>Website: <a href="http://www.mtm-inc.net/wisconsin">www.mtm-inc.net/wisconsin</a></p>
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## Transportation

### Volunteer Medical Driver Programs

<p><b>Road to Recovery</b> The American Cancer Society Road to Recovery program provides transportation to and from treatment for people who have cancer who do not have any other means of transportation.</p>	<p>Phone: 1-800-227-2345</p>
<p><b>Sheboygan County Volunteer Medical Driver Program</b> <i>(for individuals over the age of 60)</i></p>	<p>Phone: 1-920-467-4100 Toll Free: 1-800-596-1919</p>

### Incidental Transportation (\* Wheelchair Accessible)

<p><b>*Custom Care &amp; Transport Service</b> Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-254-1513</p>
<p><b>*Lakeshore Transportation</b> 426 B Factory Street Plymouth, WI 53073</p>	<p>Phone: 1-920-980-2080</p>
<p><b>*Metro Connection</b> <i>(door to door transportation for adults over 60 and adults with a disability – under 60 requires certification)</i> 608 South Commerce Street Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-3420 Eligibility &amp; Certification: 1-920-459-3409 Website: <a href="http://www.shorelinemetro.com">www.shorelinemetro.com</a></p>
<p><b>Sheboygan County Handy Helpers Program (ADRC)</b> 650 Forest Avenue Sheboygan Falls, WI 53085</p>	<p>Phone: 1-920-467-4100 Toll Free: 1-800-596-1919 Website: <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a></p>
<p><b>*Shoreline Metro</b> <i>(city bus route bus passes)</i> 828 Pennsylvania Avenue Sheboygan, WI 53081</p>	<p>Phone: 1-920-459-3285 Website: <a href="http://www.shorelinemetro.com">www.shorelinemetro.com</a> <i>(all buses are now also wheelchair accessible)</i></p>

## Transportation

### Incidental Transportation (\* Wheelchair Accessible) - continued

<b>The Best Taxi</b>	Phone: 1-920-287-9372 E-mail: <a href="mailto:thebesttaxi@hotmail.com">thebesttaxi@hotmail.com</a>
<b>*Transtar Medical LTD</b> PO Box 509 Campbellsport, WI 53010	Phone: 1-920-533-3800 Website: <a href="http://www.transtarmedical.com">www.transtarmedical.com</a>
<b>*Wheelchair Taxi</b> 2516 Superior Avenue Sheboygan, WI 53081	Phone: 1-920-457-6666 Website: <a href="http://www.wctaxi.com">www.wctaxi.com</a> Email: <a href="mailto:wctaxi@yahoo.com">wctaxi@yahoo.com</a>
<b>Yellow Cab</b> 2917 North 15 <sup>th</sup> Street Sheboygan, WI 53083	Phone: 1-920-208-8294

### Other Transportation

<b>AARP Driver Safety Class</b> Four-hour driver safety class held in various locations around the county.	Phone: 920-676-9315 Website: <a href="http://www.aarp.org">www.aarp.org</a> Email: <a href="mailto:bckruschke@sbcglobal.net">bckruschke@sbcglobal.net</a> Contact: Byron Kruschke
<b>Department of Motor Vehicles</b> 3603 Kohler Memorial Drive Sheboygan, WI 53081 <i>(corner of 36<sup>th</sup> Street and frontage road)</i>	Phone: 1-608-266-2353 Hours: 8:30 am to 4:30 pm Monday, Tuesday, Friday 8:00 am to 4:00 pm Wednesday 10:00 am to 5:30 pm Thursday
<b>Driving Assessment</b> St. Nicholas Hospital/Rehabilitation Dept	Phone: 1-920-459-4642 Doctor referral required. Bring driver's license and current medication list. Fee.

## Volunteer Programs

The Aging and Disability Resource Center maintains a list of organizations that are in need of volunteers. Below is a chart of some of the organizations listed with the Aging and Disability Resource Center. Please feel free to contact them directly or call the Resource Center for more information.

### Questions to Ask...

- What kind of time commitment is required?
- Is a background check required?
- Do I need any special kind of insurance, if driving as a volunteer?

<b>Organizations Needing Volunteers</b>	
<b>Aging and Disability Resource Center of Sheboygan County</b> 650 Forest Avenue Sheboygan Falls, WI 53085	Phone: 1-920-467-4100 or 1-800-596-1919 Website : <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a>
<b>Love INC.</b> "Helping Churches Help People"	Phone: 1-920-783-6701 Ext 103 Contact: Jenna
<b>United Way Volunteer Center</b> 2020 Erie Avenue Sheboygan, WI 53081	Phone: 1-920-458-3425 Website: <a href="http://www.uwofsc.org/volunteer">www.uwofsc.org/volunteer</a> Email: <a href="mailto:info@uwofsc.org">info@uwofsc.org</a>

## Workshops

<b>Arthritis Foundation Walk With Ease Program</b> <i>Take control, one step at a time!</i> Six-week program to teach you how to safely make physical activity part of your everyday life.	Phone: 1-920-467-4100 Toll Free: 1-800-596-1919 Website: <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a>
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## Workshops

### Workshops - continued

<p><b>Arthritis Self-Management Toolkit</b> Take Home Self-Management Toolkit for adults with some form of arthritis. Use for two months and then return.</p>	<p>Phone: 1-920-467-4100 Toll Free: 1-800-596-1919 Website: <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a></p>
<p><b>Healthy Living with Diabetes</b> Six week program designed to help those with pre-diabetes or type 2 diabetes build their confidence in their ability to manage their diabetes and maintain active and fulfilling lives.</p>	<p>Phone: 1-920-467-4100 Toll Free: 1-800-596-1919 Website: <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a></p>
<p><b>Living Well With Chronic Conditions</b> Six-week program designed to help those with chronic health conditions build confidence in their ability to manage their health and maintain active and fulfilling lives.</p>	<p>Phone: 1-920-467-4100 Toll Free: 1-800-596-1919 Website: <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a></p>
<p><b>Living with Alzheimer's Disease- Early Stage</b> Three-week workshop for people with mild memory loss and their care partners.</p>	<p>Phone: 1-920-838-1311 Toll Free: 1-800-272-3900 Website: <a href="http://www.alz.org/sewi">www.alz.org/sewi</a></p>
<p><b>Living with Alzheimer's Disease- Middle Stage</b> Three week workshop for caregivers of people with middle stage memory loss.</p>	<p>Phone: 1-920-838-1311 Toll Free: 1-800-272-3900 Website: <a href="http://www.alz.org/sewi">www.alz.org/sewi</a></p>

## Workshops

### Workshops - continued

<p><b>Powerful Tools for Caregivers</b> Six-week educational program to help family caregiver reduce stress, improve self-confidence, better communicate feelings, balance life, increase ability to make tough decisions and locate helpful resources.</p>	<p>Phone: 1-920-467-4100 Toll Free: 1-800-596-1919 Website: <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a></p>
<p><b>Stepping-On</b> Seven-week workshop for individuals who have balance difficulties, have had a fall, or have a fear of falling.</p>	<p>Phone: 1-920-467-4100 Toll Free: 1-800-596-1919 Website: <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a></p>
<p><b>Tai Chi Moving for Better Balance</b> Twelve-week workshop reduces the fear and risk of falling by improving balance and physical performance for persons over 70.</p>	<p>Phone: 1-920-467-4100 Toll Free: 1-800-596-1919 Website: <a href="http://www.sheboygancounty.com">www.sheboygancounty.com</a></p>



# NOTES