



# 2018 Annual Report to the Community

## Family Caregivers Coalition in Sheboygan County

### Who We Are

The coalition consists of family caregivers, and organization members who share a common goal to support family caregivers. Current membership includes: **255 family caregivers and 60 organizations**. There are no membership dues. Programs and initiatives are sustained through shared skills and resources of the members. The Steering Committee is comprised of:

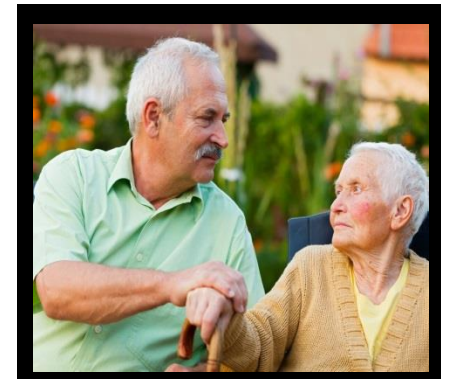
- Aging & Disability Resource Center of Sheboygan County
- Alzheimer's Association Southeastern Wisconsin Chapter
- Dementia Care Network of Sheboygan County
- Hearthstone of Wisconsin
- Mental Health America in Sheboygan County
- United Way of Sheboygan County
- UW-Extension Sheboygan County/Family Living

New members are welcome. For more information contact the Family Caregivers Coalition c/o Aging & Disability Resource Center at 920-467-4100.

### 2018 Report on Ongoing Program Initiatives

#### 1. To identify family caregivers in Sheboygan County

Membership increased through organization member referrals, family caregiver referrals, attendance at caregiver programs, use of the media and a variety of outreach material.



#### 2. To assess the needs of family caregivers on an ongoing basis

The results of the focus groups were shared in November of 2016 and continued to be implemented in 2018 identifying ways in which the Family Caregivers Coalition can continue to serve current and emerging needs of family caregivers.



### 3. To provide community resource information

Community resource information was distributed in the newsletter, *Connections: A Resource for Family Caregivers*, via distribution of brochures, Quick Guides for Caregivers, bookmarks and the coalition website: [familycaregiverscoalition.org](http://familycaregiverscoalition.org)

### 4. To provide a variety of education and outreach activities

#### Caregivers Connect Events

Caregivers Connect is a community education and social event covering a variety of topics to assist caregivers to meet the physical, emotional, financial and spiritual challenges of caregiving. A total of 52 individuals attended the following events:

- April            **Residents' Rights in Long-Term Care Facilities**  
 Gina Singletery, Ombudsman ~ State of Wisconsin
- June            **Reducing Caregiver Burnout & Increasing Resilience**  
 Kate Baer, M.A., Executive Director, Mental Health America in Sheboygan County
- August        **Hospice 101**  
 Luann Travis, Community Engagement Coordinator, Sharon S. Richardson Community Hospice
- October       **The Importance of Sleep for the Caregiver & their Loved One**  
 Robert Pamerter, M.S. Registered Sleep Technologist and Sleep Disorders Medicine Consultant



### 5. To provide care for caregivers

#### Carefree Café:

Many caregivers grieve the loss of being able to participate in social events with their care recipient and their extended families. Carefree Café is a social event designed to meet this need. In 2018, the event was collaboration with Family Caregivers Coalition / Memory Café / The Gathering Place. More than 50 attended this event at Book Worm Gardens on July 19.



#### Caregiver Retreat:

The 2018 Caregivers Retreat was held on October 11 at Arbuckle Floral and was an opportunity for 16 Family Caregivers to create a Fall Wreath. A lunch was provided by Visiting Angels.





## Caregiving Counts



The Family Caregivers Coalition promotes appreciation for family caregivers by coordinating the donation of a personal gift to family caregivers to be given at the Caregiver Connect events. Thank you to Care Wisconsin, Harvest Home Assisted Living, Plymouth Care Center, North Shore Health Services and Sharon S. Richardson Community Hospice for donating to Caregiving Counts in 2018.

## Building Partnerships...

In addition to working with our Family and Organizational members, the Coalition takes pride in the relationships and connections made with other initiatives such as:

**Dementia Crisis Care Task Force of Sheboygan County**  
**Dementia Friendly Sheboygan County**  
**Caregivers Conference**  
**National Alliance for Caregiving**  
**Greater Wisconsin Agency on Aging Resources, Inc.**  
**Wisconsin Institute for Healthy Aging**  
**Powerful Tools for Caregivers**

**Family Caregivers Coalition**  
c/o Aging & Disability Resource Center  
650 Forest Avenue  
Sheboygan Falls, WI 53085

(920) 467-4100

[www.familycaregiverscoalition.org](http://www.familycaregiverscoalition.org)

## Thank you to our Current Individual/Organization Members of the Family Caregivers Coalition

Aging & Disability Resource Center (ADRC)	Meals on Wheels
ALS Association - Wisconsin Chapter	Mental Health America
Alzheimer's Association SE Wisconsin Chapter	Morningside Health Services
Aurora Health Care	My Choice Family Care
Azura Memory Care	Pine Haven Christian Communities
Care Wisconsin	Preceptor Health Care
Cedar Landing at Elkhart Lake	Project Independence
Clutter to Comfort, LLC	RCS Empowers, Inc. / Encore
Comfort Keepers	Sharon S. Richardson Community Hospice
Community Care, Inc.	Senior Activity Center of Sheboygan
Companion Care	Sheboygan County Cancer Care Fund
Compassus Hospice	Sheboygan County Public Health
Countryside Manor	Sheboygan Health Services
Dementia Care Network of Sheboygan County	Sheboygan Progressive Health Services
Embrace Care Management & Managed Home Care	Sheboygan Senior Community
Family Resource Center of Sheboygan County	Shores of Sheboygan
First Christian Reformed Church of Oostburg	St. Nicholas Home Health & Hospice
First Congregational Church	Sunny Ridge Health and Rehabilitation Center
First Presbyterian Church	Tender Hearts Senior Care
First United Lutheran Church	Terrace Place Senior Living
Generational Guardians, LLC	The GameBoard
Generations	The Gathering Place
Geriatric Consultants, LLC	United Way of Sheboygan County/ Volunteer Center
Golden Harbor Assisted Living	Visiting Angels Living Assistance Services
Harvest Home Assisted Living	UW-Extension Sheboygan County/Family Living
Hearthstone of Wisconsin	Waterford at Plymouth
HomeCare Health Services	Waterview of Sheboygan
HomeInstead Senior Care	Welsch Hearing Aid Company, Inc.
John Michael Kohler Arts Center / SPARK!	Willowdale Health Services
Kindred Hearts Senior Living	
Meadow View Health Services	

Family Caregivers Coalition in Sheboygan Co.  
c/o Aging & Disability Resource Center of  
Sheboygan County  
650 Forest Avenue  
Sheboygan Falls, WI 53085



## **Family Caregiver Coalition Mission**

*The mission of the Family Caregivers Coalition in Sheboygan County is to identify, recognize, support and enhance the role of those affected by caregiving through community outreach, education, peer support and shared resources in order to help family caregivers thrive.*