

TRAINING CURRICULUM

The curriculum used in the workshops is the National Child Traumatic Stress Network (NCTSN) “Caring for Children Who Have Experienced Trauma” Curriculum. Continuing education hours for all participants fulfill professional and foster parent training requirements. The curriculum modules are listed below.

1. Introduction
2. Trauma 101
3. Understanding Trauma’s Effects
4. Taking Care of Yourself
5. Building a Safe Place
6. Dealing with Feelings and Behaviors
7. Connections and Healing
8. Becoming an Advocate

***This class also discusses the trauma that many caregivers have experienced as children and how this can influence their ability to care for children with trauma, now. This can be difficult for some.**

You do not need to be a past or current recipient of HHS services to take this class.

FEEDBACK FROM PARTICIPANTS

“No one really explained to me about the impact of trauma on a child’s life. I wish I’d known more about trauma sooner.”

“It has made me more aware and has helped me step back and look at trauma through child’s lens.”

“I am now putting new practices in place and staying calm.”

“You have been a part of making this family better in all its parts because you believe in us and continued to give us resources and the chance to continue learning so we could be better foster parents to these kiddos.”

***Professionals (any)/family teams encouraged to attend together.**

Adults may also bring a support person.

Professionals are asked to pay a nominal fee of 10.00 for materials. Scholarships are available in case of hardship.

BUILDING POSITIVE RELATIONSHIPS WITH CHILDREN WHO HAVE EXPERIENCED TRAUMA:

A WORKSHOP FOR PARENTS, CAREGIVERS, PROVIDERS/ PROFESSIONALS



Sheboygan County
Health & Human Services
1011 N. 8th Street
Sheboygan, WI 53081

WHO SHOULD ATTEND THIS *FREE* TRAINING?

This 20 hour workshop provides birth parents and resource parents, as well as members of the care team, the knowledge and skills needed to effectively care for and support children who have experienced trauma. These workshops are especially helpful for birth parents preparing for reunification and resource parents of children with challenging behaviors. Agency social workers and other team members are also encouraged to attend as part of the care team.

When: Wednesday mornings, Sept 18th – November 6th, 2019

Workshop hours:

Workshop 10:00-12:30

Child care is offered with notice. Please identify this need at registration.

Where: Sheboygan County HHS
1011 N. 8th Street
Sheboygan, WI 53081

For more information Contact:

Katy Pruitt
920.459.3235

Or

Nancy Carey
920.459.3256

WHY TRAUMA-INFORMED PARENTING/CAREGIVING?

Many children served by the child welfare system have lived through traumatic experiences. Understanding how trauma affects children can help parents make sense of their child's behaviors, feelings and attitudes; can help parents develop greater insight around how to help their child cope with the effects of trauma; and, help parents understand how to provide a safe and stable home environment.



TRAINING CONTENT

The training promotes learning, skill development and behavior change through active participation, varied group activities, and assignments including skills to practice between sessions. Creating a safe environment for meaningful dialogue is a critical component. Participants are encouraged to share their experiences, both successes and challenges, to learn from one another and build ongoing support during and beyond the training. Training objectives are listed below:

1. Understand Complex Traumatic Stress and how it can affect the typical development of children
2. Gain awareness of the types of behaviors (symptoms) commonly seen in children who have had traumatic experiences
3. Understand the need to address psychological as well as physical safety in alternative care and when planning family contacts
4. Advocate for and be able to adequately identify providers