

Resources Quicklist

For a complete list, visit: www.sauw.org, www.211now.org,
www.mhasheboygan.org, www.access.wisconsin.gov

Emergency Services

- ▶ Police/Fire/Ambulance
911
- ▶ Sheboygan County Mental Health Crisis Line
920-459-3151 or
1-800-596-1919

Rent/Mortgage/Utilities

- ▶ Salvation Army-Sheboygan
920-458-3723
- ▶ Salvation Army Bread of Life-Plymouth
920-893-4076
- ▶ Family Service Association/
Consumer Credit Counseling
920-458-3784
- ▶ St. Vincent de Paul-Sheboygan
920-457-4844
- ▶ St. Vincent de Paul-Plymouth
920-892-4913
- ▶ Sheboygan Housing Assistance Center
920-458-3723
- ▶ Energy Assistance – Sheboygan County HHS
920-459-3207
- ▶ Lakeshore CAP
920-803-6991

Foreclosure Help

- ▶ Family Service Association
920-458-3784

Home Repair

- ▶ Partners for Community Development
920-459-2780
- ▶ Rebuilding Together
920-452-9424
- ▶ Sheboygan Housing Authority
920-459-3466
- ▶ City of Sheboygan
920-459-3377

Food Resources

- ▶ FoodShare – Div. of Economic Support
920-208-5800
- ▶ Lakeshore CAP
920-682-3737 or
800-924-0510
- ▶ Women/Infant/Children Nutrition Program (WIC)
920-459-3417

Food Pantries

- ▶ Salvation Army
920-458-3723
- ▶ Sheboygan Food Pantry
920-452-4737
- ▶ Plymouth Food Pantry
920-893-2989
- ▶ Sheboygan Falls Community Food Pantry
920-467-4184
- ▶ Random Lake Interfaith Food Pantry
920-994-9486
- ▶ St. Mark Lutheran Church
920-458-4343
- ▶ Campus Life Food Pantry Family Center
920-457-2381
- ▶ St. Peter Claver Catholic Church
920-457-4514
- ▶ St. Luke United Methodist Church
920-458-3461
- ▶ Northside Christian Food Pantry (at St. Dominic's)
920-458-7070
- ▶ Calvary Evangelical Lutheran Church
920-457-3932

Employment Services

- ▶ Sheboygan Job Center
920-208-5856

Support available from the community

For interpretation services contact:

Partners Hispanic Information Center 920-459-9880
 Hmong Mutual Assistance Association 920-458-0808

Health and Wellness

Access WI
www.access.wisconsin.gov

Salvation Army/Free Health Care Clinic
 920-458-3723

Lakeshore Community Dental Clinic
 920-693-1185

Mental Health America in Sheboygan County
 920-458-3951
www.mhasheboygan.org

Sheboygan County Mental Health Crisis Line
 920-459-3151 or 1-800-596-1919

Legal Matters

Salvation Army Legal Clinic
 710 Pennsylvania Ave.
 (East entrance), Sheboygan
 Every 2nd and 4th Thursday of the month, 1:30-4 p.m. Sign in by 2 p.m.
 First come, first served.

Legal Action of WI
 920-233-6521
 Free civil legal services for housing, collections, unemployment compensation and disability issues.

Financial Stability

Family Service Association Consumer Credit Counseling Service
 920-458-3784
www.cccsonline.org

Crisis Assistance

Salvation Army
 920-458-3723
 Help with emergency shelter, food, rent, utility and clothing.

Safe Harbor
 920-452-7640 or 1-800-499-7640
 Provides shelter & resources for victims of domestic abuse and sexual assault.

Sheboygan County Interfaith Organization
 920-457-7272
 Provides transitional living for homeless women with children, Working Women's Wear.

Sheboygan County Humane Society
 920-458-2012

Help for Hard Times Guide

Published by "As One" Task Force



Sheboygan & Plymouth Area United Way
 2020 Erie Avenue • Sheboygan, WI 53081
 920-458-3425
www.sauw.org

In this struggling economy, you may have found yourself among many in the community facing the loss of a job, reduced hours, and/or financial trouble. This guide is intended to help you answer the question “Now what?” Many organizations in the Sheboygan County area exist to help you, whether it’s managing your finances, discount or free health services, food, clothing, shelter, or other services.

Evaluating your finances: Reduced income is going to require expert money management. This checklist will help you get started.

- Determine your financial resources.** Savings, pension or profit sharing, thrift plan, stocks, cash values of life insurance, unemployment compensation, severance pay, spouse’s income, medical benefits etc.
 - Plan a realistic budget.** Set up a plan which allows for basic needs: food, shelter, clothing, and medical care. Be sure to include anticipated expenses, like quarterly insurance premiums and holiday spending, etc.
 - Stop all use of credit.** Don’t make purchases on credit if you can avoid it. This will save interest charges.
 - Protect yourself.** Alert others about your economic situation.
- You should notify:**
- 1. Your mortgage holder or your landlord.** Let them know in person if you cannot meet payment. A personal visit is suggested. Request postponement until income resumes. If you have FHA or Veteran’s Insured Mortgage, ask for emergency forbearance (an emergency relief program to avoid foreclosure). With a landlord, discuss ways to work off your obligation, if possible.
 - 2. Utilities.** (Phone, water, gas, electric). Tell them as soon as possible to show good faith. Reduce service as much as you can.
 - 3. Any creditor.** (Car, furniture, credit cards, etc.) Try to set up an alternative payment plan and /or try to return collateral items (jewelry, furniture, etc.) to reduce debts. Keep full records of these transactions, including the name of the firm, person you spoke with, phone numbers, an account of what you agreed on, and the date. Make one copy for your file and file one with them, for their records.
 - Set priorities.** If your income does not cover all your bills, be sure to pay the following first, in this order: Rent, Utilities, Food, and Transportation.
- Cancel unnecessary purchases/services.** This includes cable TV, subscription renewal, etc.
 - Consider refinancing.** Refinancing or renegotiating loans will help lower your fixed expenses (bank or credit union loans, car payments, mortgage).
 - File for Unemployment Insurance.** File online at: <https://ucclaim-wi.org/InternetInitialClaims/>. You will need your Social Security number and your 4-digit PIN number which you make up yourself before you apply. If you do not have internet access, call 1-800-822-5246 to file an Initial Claim Application for a new claim; or call 1-800-978-7887 to file a Weekly Claim Certification for a benefit check.
 - Set an appointment.** Call Consumer Credit Counseling Service through Family Service Association of Sheboygan County. They can inform and educate you on financial literacy and money management. Call (920) 458-3784.
 - Sell unnecessary items.** If you need income for living expenses, consider selling items such as extra cars, motorcycles, collectibles, garage sale items, etc.

▶ Searching for a job:

- Set up an appointment at the Sheboygan County Job Center by calling (920) 208-5800.
- Take advantage of career counseling offered by your company or the Sheboygan County Job Center.
- Utilize various employment services, job listings, for job leads.
- Maintain contact with former co-workers, union, church, or other community support groups or job clubs for emotional support as well as job leads.

Sheboygan County Guide to Community Services

A great way to find services for your specific problem is by utilizing 2-1-1. This free and confidential, nationwide, non-emergency health and human services information and referral help line is now available in Sheboygan County 24/7.

No Health Insurance?

Discount prescription drug card.

If you don’t have health insurance, or you must buy medicine not covered by your insurance plan, Sheboygan & Plymouth Area United Way, in partnership with FamilyWize, offers this prescription drug discount card.

It could lower the cost of your medicine by an average of 35 percent. You can clip out the card below and use it at any participating pharmacy. There are no age or income restrictions, and there is no limit on how many times you can use it.



**For Volunteer Opportunities
contact Sheboygan & Plymouth Area
United Way, 920-458-3425.**